

KOL ECHAD

Forestdale Heights Lodge
B'nai Brith Canada

September/October 2021
Elul 5781/Tishrei/Cheshvan 5782

*Shana
Tova!*

Volume 20, No 1

COVER ART



What's more natural than a child enjoying apples and honey on Rosh Hashanah? Certainly, Jordana Rosen did, back in 1994 and continues to love these Jewish holidays.

This year the High Holiday season comes early, with Rosh Hashanah starting September 6 and concluding on September 8. Kol Nidre falls on September 15, with Yom Kippur falling on September 16.

Sukkot runs from September 20-27, and the holidays conclude with Simchat Torah on September 28.

{Jeff Rosen photo}

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KOL ECHAD

Kol Echad is the official publication of Forestdale Heights Lodge, B'nai Brith Canada.

It is published five times a year.

We welcome all articles and letters from members of the Lodge and their spouses.

All material submitted is subject to editing.

The editor may consult with members of the bulletin committee regarding suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writers and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

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AT A GLANCE

Zoom meetings are to be held on the following dates during 2021.
Start time: 7:00 p.m.

September 14, October 11, November 8, December 13

Zoom Link: <https://tinyurl.com/yegn4jmq>

All Dates Subject to Change

Kol Echad schedule for the 2021-22 season

November / December – Chanukah Issue

Deadline: October 10

January / February – Winter Issue

Deadline: December 10

March / April – Purim/Pesach Issue


Deadline: February 10

May / June – Spring Issue

Deadline: April 10

Technology has changed the way we do things, at home and in the workplace. Now, think back to when you started working. How different was it compared to your final day on the job or the present (for those still working)?

Let us know how technology changed your work life. Kol Echad will publish your pieces on the Looking Back pages. Send submissions to jelijo@sympatico.ca.





PRESIDENT'S PEN

Ruth Pupko

Our last meeting on June 7 feels like it was such a long time ago. I pray that you and your families are doing well and enjoying the summer. It's a pleasure to walk outside and appreciate the gardens and all that nature has to offer. We are fortunate to live in such a beautiful country and

should appreciate the great outdoors.

All through COVID, we were able to celebrate so many simchas. Among them was my sister-in-law's 50th birthday, my brother Michael's 65th birthday, my great nephew's bar mitzvah, and my nephew David's wedding last August in New York. We also celebrated Albert and Honey's 50th wedding anniversary on August 9.



My aunt Marie lived in Florida but is now at Kensington Place and seems to like it, as she is not stuck alone in her apartment and so far away from the family. Aaron and I are very fortunate to have such a great family available when we need them.

All through this past year, we held virtual monthly meetings. We will continue this practice this season into early next year. Our Lodge sent monetary donations to food banks and allocations to seven places listed in the Pesach Kol Echad edition. We packaged 50 CVS parcels, which were delivered to shelters and people living on the streets. We held a virtual Chanukah party for 2020. Maybe we will be together for 2021's party. Jeff sent a beautiful video of past Lodge barbecue events. It really brought such joy and tears as we all miss the ones who are no longer with us.

Let's hope that this way of living is temporary and that we will come out stronger, more humble, and kinder, and have increased empathy for others. I know that you all have these wonderful qualities as you work really hard to make our community and the world a better place. I would like to thank you all for making this year such a success and look forward to seeing you all soon.

Aaron and I wish you all a very happy and healthy Rosh Hashanah and pray that Hashem will give us more strength to continue with all our good work.



Self-Care Tips for Managing Stress and Anxiety

During these stressful times its important to prioritize self-care. Below are some useful tips to support your psychological health and wellness.



- Challenge worried or anxious thoughts. Use grounding techniques such as meditating or deep breathing to cope.
- Try to structure your day.
- Stay balanced.
- Build 20-30 minutes of exercise into your day.
- Limit blue light exposure before bed.
- Take a nature walk.
- Stay connected to co-workers, friends and loved ones.



toronto.ca/COVID19

**FEDERAL
ELECTION 2021**

REMEMBER

**CANADA GOES TO
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WHICH PARTY OR
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SUPPORT, YOU
SHOULD MAKE AN
EFFORT TO VOTE,
EITHER IN AN
ADVANCE POLL OR
ON ELECTION DAY.**

CVS



This summer, Ruth Pupko and Harvey Silver packed 20 bags, which were distributed, by Ray and Rosalie Moscoe to a homeless shelter as part of our new CVS initiative.

The bags included two prepackaged masks, cookies, mints, banana chips, wipes, Kleenex, bottles of water and a \$5 Tim's card, some of which were donated. We thank our sponsor for helping out.

[Debbi Silver photo]



EDITOR'S DESK

Jeff Rosen

I always find it interesting how the High Holiday period never falls at the right time. It's either too early or too late. Quite honestly, I've never gotten used to years when Rosh Hashanah starts right after Labour Day. It feels like our summer season – far too short to begin with – has been cut short. August starts and everyone starts thinking, will it be too hot to serve the chicken soup right after Labour Day, and how much brisket and kugel do I prepare?

Of course, this year, there is that added question, how many people can safely be invited over for a post-shul luncheon or dinner?

At this point, we don't even know how synagogues will handle services this year. I'm sure many have started to plan, but there are so many unknowns.

- ✓ Will there be in-shul services?
- ✓ Will masks be required?
- ✓ Can I hug friends and loved ones who I haven't seen in a year?



I know one Toronto synagogue has planned a trio of options for congregants, with a reduced capacity service in the sanctuary, an outdoor program under a canopy, and an online service. Another is planning for 40 people to attend in-shul services with live streaming returning for the second year.

It will be similar to last year when most of us tuned into services on our digital devices. I found it fascinating, watching the shofar being blown during a New York service or tuning into Kol Nidre in another city. If timed correctly, you could also hear rabbis offer a variety of views and opinions during their sermons. I definitely enjoyed website surfing.

So, what will happen this year at the Rosen household?

At this point, I have no idea. For the first time since we got married 35 years ago, Lisa and I are not tied to one shul. For a variety of reasons, we decided not to renew our synagogue membership this year. That means we are now free agents. Unfortunately, it does not mean different institutions will be vying to draft us.

Continued on next page



What it does mean is that this year will be different.

Change can be good, though. I've always said that over the years.

It certainly was a different type of summer, perhaps not as exciting as most, but hardly dull. I think our change of pace started on my birthday, June 12, two weeks after Lisa and I received our second dose of the AstraZeneca vaccine. I knew the virus was still with us and that we had to remain vigilant. However, knowing that we had this double dose of protection lightened my mood, and I became less nervous when we ventured out.

When Step 2 of Ontario's opening plan started, I said to Lisa that it was time to rejoin the land of the living. That included an excursion to Home Depot, where we purchased a new BBQ. After 11 years, our old model was ready for the scrap heap. Shortly after, we finally replaced a light fixture that burnt out last October.

Ontario's re-opening plan was a much-needed shot in the arm for the business community. I know it lifted our spirits as well. We were thrilled to return to our favourite restaurants and enjoy meals on the patios when the provincial government launched step one. As for step two, well, it meant that it was finally time to take scissors to my head after five months.

What did phase three mean for the Rosen clan? For me, it meant a return to the gym. For our family, it SCREAMED something else – **GET OUT OF TOWN!** So, we packed our bags and headed to Niagara Falls for a few days. While different from most getaways, it was a welcome relief from our daily life.

As Kol Echad was going to print, COVID case counts were once again starting to rise across the province. Unfortunately, this might be something we have to learn to live with for a while. Hopefully, though, this will be one of those viruses that if you do catch it after being double dosed, you will land in your bed instead of occupying prime space in your local hospital.

Be well and have a Sweet and Healthy 5782.



*Special thanks to B'nai B'rith International for promoting
Kol Echad in its social media.*

<https://www.facebook.com/bnaibrithinternational>

<https://twitter.com/BnaiBrith>



COMMUNITY



From The CJN:

[Will Canadian snowbirds be able to travel south this winter?](#)

[Hate crimes surged to a record high in 2020, according to Stats Can](#)

[Diaspora Affairs says Israel will diversify the ways of praying at the Kotel](#)

[Young progressives call on Canada to oppose evictions in East Jerusalem](#)

[CUPW defamation case against BBC can go forward, rules court](#)

* * *

The CJN on YouTube: <https://www.youtube.com/c/TheCJN/featured>



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ANTI-HATE HOTLINE

B'nai Brith Canada operates the country's only Anti-Hate Hotline combating antisemitism and racism. If you have been the victim of an antisemitic incident, we encourage you to fill out the form at <https://www.bnibrith.ca/anti-hate-hotline/> or call our Toll Free Anti-Hate Hotline at 1-800-892-BNAI (2624).



COMMUNITY

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September 30

October 14

October 28

November 11

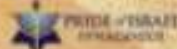
November 25

Program starts at 8:00 pm*

**A musical prelude will begin at 7:40 pm,
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COMMUNITY

Paul Michaels: An Appreciation

By Ron Csillag

Paul Michaels' greatly unexpected death on July 23 sent shockwaves through Jewish advocacy groups, their bureaucrats, and the community as a whole. It had the same effect on me.



Paul, who was just 70 or thereabouts, was the consummate Jewish communal professional, beginning at the Canada-Israel Committee, then the Centre for Israel and Jewish Affairs, and finally, B'nai Brith Canada.

He would call me at home at odd hours, but with him, I didn't mind. That gentle, soulful voice, always genuine, would simply say he's working on whatever I needed and would respond the next day, which he unfailingly did. "Thanks for asking," ended each one of his emails in response to some query. He meant it.

Paul was solicitous, caring, warm and wise. He was deeply thoughtful, a philosopher at heart who would bring up some obscure thinker in our conversations, never to patronize. I would always pretend to have heard of them.

You could practically hear him thinking.

It was always a pleasure to hear from Paul, even it was a complaint. He smoothed the way. A mensch, by any definition.

Reprinted courtesy of The CJN

For the full story, go to <https://thecjn.ca/paul-michaels-an-appreciation/>

The Baycrest Foundation's newest, all-ages fundraising event for 2021... A Walk for the Ages in Support of Baycrest will take place on Sunday, September 19, 7:30 - 10:30 a.m. at Canada's Wonderland! After the walk, admission to the park is included.

The plan is to bring generations together to complete a fundraising walk of either a 2.5 or 5 km route at Canada's Wonderland!

We know that in a COVID-19 world, even the best-laid plans can go askew. So, we also have backup plans in place.

To register, go to <https://bit.ly/3tf5byl>



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COVID Wave 3:

The Kids Don't Get It

COVID Wave 4:

Dude, Where's My Constitutional Rights?

COVID Wave 5:

Return to the Planet of the Apes

My doctor said now that I'm older
I need to install a bar in the shower



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TALKING POINTS

Debbi Silver

September.....wow, the time goes by very quickly.

Our summer turned out to be very quiet and uneventful. The good thing is, we have now begun to do our own grocery shopping.

Our province has done well in vaccinating all interested people and teens. Many still are nonbelievers in the vaccine, so I believe masks should still be worn in enclosed spaces. As you can read, the United States is learning the hard way.

The COVID variant is spreading everywhere. I hope that our government realizes this and shuts down the border again.

Our two younger grandchildren have been in sleepover camp since the beginning of July.

Although the weather has been lousy up north, their letters state that they are having an amazing time. Their meals usually are eaten outside under umbrellas or tents. There was no visiting day, but the kids zoomed in with their parents on what would have been Visitor's Day. Instead, the camp asked parents to make up packages that were delivered to the camp.

Where there is a will, there is a way!

We took advantage of the patios being open and enjoyed some meals out. So, we can be normal in a roundabout way.

Forestdale Heights Lodge donated to the Chabad Jewish Tornado Relief Fund of Barrie. Given that the damage was so devastating, it was a very worthwhile cause. I hope these families will be able to put their lives back together again.

The Lodge will begin meetings in September. I am looking forward to seeing everyone on Zoom. I know Ruth has been working hard over the summer to find some worthwhile causes for the Lodge to participate in this coming season.

Harvey and I wish you a very healthy and happy New Year. Chag Sameach.



PERSPECTIVES

The term High Holy Days most probably derives from the popular English phrase, “high days and holydays.” The Hebrew equivalent, “Yamim Noraim,” is neither Biblical nor Talmudic. Professor Ismar Elbogen, the author of “Jewish Liturgy in its Historical Development,” states that it was a medieval usage, reflecting a change in the mood of Rosh Hashanah from a predominantly joyous celebration to a more subdued day that was a response to a period of persecution.



Reform Judaism typically prefers the term High Holy Days over High Holidays because the former emphasizes the personal, reflective, introspective aspects of this period. By contrast, Holidays suggest a time of communal celebrations of events in the history of the Jewish people.

The days preceding Rosh Hashanah

The Hebrew month preceding Rosh Hashanah, Elul, is designated as a month of introspection and repentance. In preparation for the Jewish New Year, special prayers are recited. Among Sephardi Jews, Selichot are recited at dawn on weekdays throughout the month.

At midnight on the Saturday night (Sunday morning) before Rosh Hashanah (or one week before that, if the first day of Rosh Hashanah is Monday or Tuesday), Ashkenazi Jews begin reciting Selichot. On the following days, however, they generally recite the Selichot before the regular morning prayers.

Continued on next page



Rosh Hashanah

Rosh Hashanah is the Jewish New Year and falls on the first and second days of the Jewish month of Tishrei (September/October). The Mishnah, the core work of the Jewish Oral Torah, sets this day aside as the new year for calculating calendar years and sabbatical and jubilee years.

Rabbinic literature describes this day as a day of judgment. God is sometimes referred to as the “Ancient of Days.” Some descriptions depict God as sitting upon a throne, while books containing the deeds of all humanity are opened before Him.

Prayer services are longer than on a regular Shabbat or other Jewish holidays and include (on weekdays) the blowing of the shofar. On the afternoon of the first (or the second, if the first was Saturday) day, the ritual tashlich is performed, in which sins are “cast” into open water.



The Ten Days of Repentance

The “ten days of repentance” or “the days of awe” include Rosh Hashanah, Yom Kippur and the days in between. During this time, Jews should meditate on the holidays and ask for forgiveness from anyone they have wronged. They include the Fast of Gedaliah, on the third day of Tishri, and Shabbat Shuvah, the Shabbat between Rosh Hashanah and Yom Kippur.

Shabbat Shuvah has a special Haftarah that begins Shuvah Yisrael (come back, oh Israel), hence the name of that Shabbat.

It is held that, while judgment on each person is pronounced on Rosh Hashanah, it is not made absolute until Yom Kippur. Therefore, the Ten Days are an opportunity to mend one’s ways to alter the judgment in one’s favour.

Continued on next page



Yom Kippur

Yom Kippur is the Jewish festival of the Day of Atonement. The Hebrew Bible calls the day Yom Hakippurim.

In the Hebrew calendar, the ninth day of Tishri is known as Erev Yom Kippur (Yom Kippur eve). Yom Kippur begins around sunset on that day and continues into the next day until nightfall, and therefore lasts about 25 hours.

Observant Jews will fast throughout Yom Kippur, and many attend synagogue for most of the day. There are five prayer services, one in the evening (sometimes known as "Kol Nidre" from one of the main prayers) and four consecutively on the day.

Hoshana Rabbah

There is a Kabbalistic belief that, though judgment is made absolute on Yom Kippur, it is not registered until the seventh day of Sukkot, known as Hoshana Rabbah. The service for this day contains some reminiscences of those for the High Holy Days. It is treated as the last opportunity to repent of sins that may have been missed on Yom Kippur. Jews take bouquets of willow branches representing their sins and bash them on the floor. At the same time, they say a special prayer to God to forgive them for the sins that may have been

https://en.wikipedia.org/wiki/High_Holy_Days

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HARMONY

Rosalie Moscoe

Due to the lingering pandemic, we don't know yet if we will be having in-person High Holiday services this fall. We think we will, but who knows? Likely, it will be online. Great offerings of well-known guest speakers are scheduled at our shul, Beth Torah, and as far as we know, the visiting rabbinate and cantor will be in attendance as we've been without our long-time rabbi

and cantor for many months.

Everything is in flux, but the High Holidays remain a time to reflect on the past and how we wish to live our lives now and in the future. It will be a time to pray, a time for tradition, something familiar, something solid. Our culture, our love of Yiddishkeit, our faith in G-d, these things remain. In a time of burgeoning mental health problems, low moods, and those who are sick of changing rules (seemingly every day), we need to look for the good.



Many of us will not see more people around the dining room table this year on Rosh Hashanah except for their immediate families, which is a small number for some. But we still forge on and look forward to better times. We look forward to the coming together of families, and the large dining room table pulled out to the max with glittering silver candlesticks, white linen tablecloth, the fine dishes, the "good" silverware, and a table burgeoning with way too much food!

I look forward to my granddaughter making a blessing over the wine (grape juice) as she does on Friday nights and taking part in the shul services, whether they will be livestream or in person. Who knows? It's called "taking each day as it comes." I find it helps to get into nature every day, to stay calm as I take in the beauty of the surroundings even when it rains! Also, I like to take in the glow of the sun rising (some mornings!) and setting each evening, usually with glorious Canadian sunsets. It's about looking for the good in each day, the people we meet, the warmth of friends and relatives, even just talking on the phone. I remind myself to call those who are sick or infirmed. And it's good to keep in mind helping the needy - all tenants of Judaism.

Continued on next page



It's time to nurture ourselves and those around us, letting them know we care. May we get through these times the best way we can and live to see this pandemic come to an end. It's time to get back to not only the 'good old days,' but also a time once again to plan for the future and see it through!

Let's hope and pray for this next year to be in the arms of freedom of movement, freedom of fear, and the excitement of travel, going to the theatre, and dining out (without fear). Soon we'll be singing, "Happy Days are Here Again." I long for it.

No matter what the circumstances will be at the time, I wish all of our Forestdale Heights Lodge brothers and sisters a Happy Rosh Hashanah!

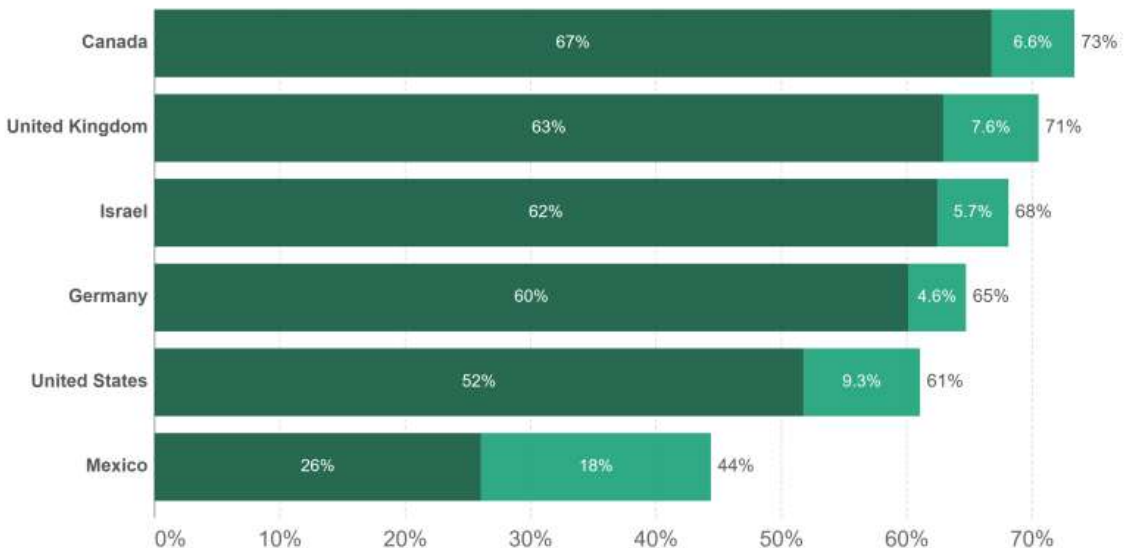
HEALTH

Share of people vaccinated against COVID-19, Aug 31, 2021

Our World in Data

Alternative definitions of a full vaccination, e.g. having been infected with SARS-CoV-2 and having 1 dose of a 2-dose protocol, are ignored to maximize comparability between countries.

■ Share of people fully vaccinated against COVID-19 ■ Share of people only partly vaccinated against COVID-19



Source: Official data collated by Our World in Data. This data is only available for countries which report the breakdown of doses administered by first and second doses in absolute numbers.
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for daily updates

SOCIAL



For years, members of FHL have gathered every summer to catch up on each other's lives and enjoy a delicious BBQ. Unfortunately, this year, circumstances forced us to cancel the annual event for the second year. Hopefully, we will be able to gather next summer for this wonderful tradition. In the meantime, we present a collection of "golden oldies" from years past. For complete slideshow, go to kolechad.ca/bbq21.htm



A message to **Forestdale
Heights Lodge Members**

Wishing you a New Year blessed
with **happiness, health and peace**
for you and yours.
Happy Rosh Hashanah!



Keith Irish

Councillor, Ward 1 Thornhill

(905) 948-5101
kirish@markham.ca

 @KeithIrish1

 Keith.Irish





שנה טובה ומתוקה

Wishing everyone in the community a Shana Tova
and may the new year bring health and happiness

Shanah Tova

A look back at the year...



Commemorating International
Holocaust Remembrance Day
in City Hall.



Bringing Rosh Hashana
celebrations to isolated seniors.



Raising the Israel Flag with
Mayor John Tory in City Hall.



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James Pasternak

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Ruth & Aaron Pupko

*Wishing all our
family and friends
a Happy, Healthy
New Year*



*Shanah
Tovah*



*The Silver family wishes everyone
a very Healthy and Happy New Year*

Harvey, Debbi, Lisa
Mark, Shawna, Zoe, Jaime & Ezra



*Wishing you all
a very Happy and Healthy New Year*
Honey & Albert Ohana & Family

שנה טובה



Ray, Rosalie and family
wish our dear sisters and brothers
Shanah Tovah!



Best wishes for a year of health and happiness
to everyone in Forestdale Heights Lodge

Jeff, Lisa & Jordana Rosen

Shanah Tovah to all our Family & Friends

Eddie & Marilyn Arkin



*Best wishes for a
Happy and Healthy New Year*

Terry Goldfarb & Stan Horowitz



*Wishing the FHL family
a happy, healthy, and sweet new year*

שנה טובה

Marc Kates, Rachel Spitzer,
Seth, Eve, and Joelle



*Shanah
Tovah*

Wishing everyone a healthy and happy New Year
filled with love and joy.

The Indig and Levy families



Shanah Tovah

Best wishes for a Happy & Healthy New Year

Carl & Debby Zeliger

Rach, Doron & Erez

Becca and Daniel

& Josh

**The Executive of FHL would like to wish
all Members and their Families
a Healthy and Happy New Year**

**May 5782 finally bring peace to Israel
and all Mankind**

Shanah Tovah

KOL ECHAD 2021-2022

Advertising Rates for 2021-22

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1/4 page	\$40
1/8 page (Business Card)	\$30

COLOUR


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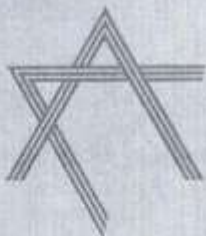
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AS I SEE IT

Marc Kates

Do you get the sense of déjà vu? This summer seemed quite similar to last summer. COVID has certainly changed the way in which we go about our lives. Some things are indeed changing, some for the positive, others for the negative. The school year ended with a whimper, and the sense of students' accomplishments ceremoniously ended with the clicking off of the computer. Summer plans had plans A, B, and C. The kids did go off to camp, and had a wonderful time. For a few short weeks, the kids got to be kids again, and do the things they like to enjoy. We are lucky that our kids are resilient. All summer long, we kept reading blogs and reports from camp about the mental well-being of the campers, not to mention the anxiety and separation of parents and children. Adjusting to what life used to be like will be hard.

I found it a very bizarre experience when I had to return some clothing that we had purchased online to the store in Yorkdale. Walking into the mall felt very weird. Seeing so many people in one place was an awkward feeling. Weeks later, we had our first dining out experience. The establishment only the day before was offering outdoor dining, but with the change of government policy, was only offering dinner service indoors. Its rationale was that the government was now allowing dining indoors, so that's what they were doing. Just because the government allows something, it doesn't make it a good idea. After insisting on eating outdoors, we noticed that other guests were doing the same.



With the relaxing of restrictions, it feels as though we are finally emerging from a very long hibernation. It's exciting to see more people out and about, but masking and hand sanitizers ground us immediately that this pandemic is far from over. Alberta likes to wear the mantra of the Wild West, and with no restrictions, and no requirement to self-isolate even if COVID positive, it's no wonder that new case numbers are rising. Ontario recently released its back-to-school plan. Will it be enough? Who knows? With Rosh Hashanah and the start of the academic year just around the corner, we are fearful that cases will rise here too. The border restrictions are soon going to change as well.

Continued on next page



Earlier on in the pandemic, we looked with envy as the Americans were vaccinating at such a quick pace. We questioned our health care system. Percentage wise, our population is now more vaccinated than the United States. American vaccines are expiring, and millions refuse to be vaccinated based on political lines. We shake our heads with disbelief that mistrust in science and the lack of political leadership is putting citizens' health at risk.

As with the start of every new year, we glance at the past but look forward to the future of what might be. Whatever happens, we must look after each other, and be kind. We're getting over a lot- and there will certainly be challenges ahead of us, but it's how we deal with those challenges that make us who we are. May 5782 bring us the healing and unity we so desperately need. Wishing you and yours a Shanah Tovah.

FOOD SENSATIONS

CHICKEN & RICE

Ingredients

1 cup raw rice	4 oz. can slice mushrooms
3-4 lb. chicken cut up	2 cups water
1 pkg dry onion soup mix	

Preparation

Place rice in the bottom of the roasting pan. Add chicken and sprinkle with onion soup.

Add mushrooms with liquid and water.

Bake covered at 325 for 1 hour or until tender.

Comments

We made this in our kitchen. We also added paprika to the chicken and a drop of orange juice to the water.

The recipe is simple, the finished product delicious!

Jeff Rosen



FOOD SENSATIONS

HONEY GLAZED BABY CARROTS

Ingredients

2 pounds baby carrots, fresh or frozen
2 to 4 tablespoons extra virgin olive oil, or
non-hydrogenated margarine or butter
2 to 3 tablespoons honey
2 to 3 tablespoons brown sugar
2 to 3 tablespoons golden or dark raisins
1 teaspoon cinnamon



Preparation

Place the carrots in a large saucepan or Dutch oven with enough water to cover by one inch. Bring to a boil, reduce heat, and simmer until cooked through and fork-tender, but not mushy, about 5 to 7 minutes. Drain the carrots and set them aside.

Place the oil, margarine, or butter in the saucepan and warm over medium-high heat. Add the carrots and stir to coat.

Add the honey, brown sugar, raisins, and cinnamon to the pan. Stir well to coat the carrots. Cook over low heat, frequently stirring until the honey mixture thickens and coats the carrots, about 5 minutes more.

Transfer to a serving dish. Serve warm.

Tips

You'll need to use olive oil or margarine (preferably non-hydrogenated) to keep things pareve for meat meals. But if you're making a vegetarian or dairy menu, by all means, use butter (or a combination of butter and olive oil), which gives the carrots a deliciously rich flavour.

If you're not a fan of steamed or boiled carrots, try drizzling them with oil and roasting in a 425 F oven until tender and caramelized. Then, proceed with the recipe from step 2 below, sautéing them in the honey sauce before serving.

<https://www.thespruceeats.com/honey-glazed-carrots-2122361>



GOOD & WELFARE

Birthday

Rosalie Moscoe

October 4

Carl Zeliger

October 12

Eddie Arkin

October 22



Anniversaries

Jeff & Lisa Rosen

September 21

Harvey & Debbi Silver

October 28



If you have any memorable moments in your life (or the lives of your children and grandchildren) you wish to share with the Lodge, please send announcements to jelijo@sympatico.ca.

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FORESTDALE FUNNIES

Two grandmothers were bragging about their precious darlings. One of them says to the other, “Mine are so good at social distancing, they won’t even call me.”

My husband purchased a world map and then gave me a dart and said, “Throw this and wherever it lands—that’s where I’m taking you when this pandemic ends.” It turns out we’re spending two weeks behind the fridge.



After years of wanting to clean my house but lacking the time thoroughly, this week, I discovered that wasn’t the reason.

Every few days, try your jeans on just to make sure they fit. Pyjamas will have you believe all is well in the kingdom.

Being quarantined with a talkative child is like having an insane parrot glued to your shoulder.

The World Health Organization announced that dogs could not contract COVID-19. Dogs previously held in quarantine can now be released. To be clear, WHO let the dogs out.

I’m not talking to myself. I’m having a parent-teacher conference.

This morning I saw a neighbour talking to her cat. It was obvious she thought her cat understood her. I came into my house, told my dog—we laughed a lot.

Day 121 at home, and the dog is looking at me like, “See? This is why I chew the furniture!”

How did the health experts lie? They said a mask and gloves were enough to go to the grocery store. When I got there, everyone else had clothes on.



FORESTDALE FUNNIES

From the Mouth of Jackie Mason, 1931-2021

Ladies and gentlemen, you can't please everyone. Take my girlfriend - I think she's the most remarkable woman in the world. . . . That's me . . . But to my wife . . .

I have enough money to last me the rest of my life unless I buy something.

A Jew never laughs without looking at his wife for approval.

I always thought music was more important than sex—then I thought if I don't hear a concert for a year-and-a-half, it doesn't bother me.

When most people return from Europe, they tell tales of all the sites they saw, the shopping, the entertainment, etc. Jews, on the other hand, return and say I had this slice of cake in Austria. Let me tell you, I don't know how they make it! It was great!

Why is it that they have Bibles in every motel room? Why should a man want to read the Bible when he's with a woman alone in a motel room? Why would he be interested? Whatever he's praying for, he's already got!

A person who speaks good English in New York sounds like a foreigner.

Prostitutes go to jail. Their customers go home and read the New York Times. In this country, you're allowed to buy anything. If you need a shirt, you have a right to buy it. If you need sex, you don't. What's more important, sex or a shirt?

Eighty percent of married men cheat in America. The rest cheat in Europe.

Continued on next page



Do you know how many stunning women told me they can't stand a good-looking man? Women feel secure with an ugly guy because a man in bad shape isn't gonna cheat.

Predictions are preposterous. What usually happens is that people tell you that what they'd like to see happen instead of what they really think will happen. There are so many variations and possibilities that there's no way to ever really know for certain.

They call it football, but the object of the game is to bash the other guy so hard that he's eventually carried off the field on a stretcher. I can't watch football anymore. My psychiatrist said it's better that way. I used to watch a game, see the players in a huddle - and think they were talking about me.

I don't believe that anybody has come to a conclusion on why something is funny. It's funny because it's ridiculous, and it's ridiculous for different reasons at different times.

Jews are the best dressers in the world. They buy the best clothes, the best homes, the best cars — the best of everything. The only thing is, they get it for less.

Would you put pastrami in your mouth if you didn't want to eat it?

Photo by Carl Lender, CC

<https://commons.wikimedia.org/w/index.php?curid=5894832>

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LOOKING BACK



Toronto Hydro Electric System - Eglinton Substation

Top: 1925

Photographer: Alfred Pearson

<https://dailyhive.com/toronto/old-toronto-vintage-photos>

Right: 2019

Image, courtesy of Bob Georgiou

https://www.acotoronto.ca/show_building.php?BuildingID=11769

Top right:

Proposed redevelopment for site.



LOOKING BACK



Brunswick Meat Market, 495 Bloor Street West – 1920

Photographer: William James

City of Toronto Archives

<https://dailyhive.com/toronto/old-toronto-vintage-photos>



**Coronet Theatre,
Yonge and Gerrard
Street**

Photographer: City
of Toronto Planning
and Development
Department, 1979

<https://dailyhive.com/toronto/vintage-photos-toronto-1960s-1970s>



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