Forestdale Heights Lodge, B'nai Brith Canada

KOL ECHAD

Volume 14, No. 1

September 2015 Elul 5755/Tishrei 5776

שנה טובה

Bingo

Bingo will return in the fall. If you would like to help out, please contact Richard Kotzen (416) 783-2737 or <u>richkotzen@rogers.com</u>

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Cover Art

Apples and honey mark the start of 5776. We would like to wish all Lodge members and their families a sweet and healthy Rosh Hashanah.

This year, the New Year begins in the evening on Sunday, Sept. 13. Kol Nidre is Tuesday, Sept. 22 with Yom Kippur the next day. Erev Sukkot is Sunday, Sept. 27.



Bring the New Year in with plenty of taste.

Pancer's loves a good celebration. This year we would love to be part of your family as you usher in the Jewish New Year. Whether you are planning a small dinner or preparing to welcome the entire mishpoche, we'll be there for you.

We can provide party trays filled with an assortment of your favourite mouthwatering deli meats, scoops and sides.

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Kol Echad

Kol Echad is the official publication of Forestdale Heights Lodge. It is published 10 times a year.

We welcome all articles and letters from members of the Lodge.

All material submitted is subject to editing.

The editor may consult with members of the bulletin committee regarding suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writers and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

Editor Jeff Rosen

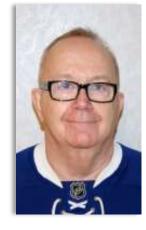
jen Rosei.

Advertising Harvey Silver

Editing Staff Cathy Indig, Marc Kates,

Lisa Rosen, Debbi Silver

Printing/Mailing Aaron Pacter, Michael Pacter



PRESIDENT'S PEN George Garten

We are half-way through summer. I hope everyone is enjoying his or her self. I hope this hot weather has not created any health problems for anyone. It is hard to believe the High Holidays are just around the corner.

This year I would like to see the vicepresidents get involved with certain projects. This year I am certain that we can all take some time to help make Forestdale Heights the most outstanding Lodge in B'nai Brith. As well, I have

asked Stewart Indig to chair some of the meetings. I will be there to assist and guide him in controlling the meetings.

In fact, Stewart will be chairing the August 31 meeting. So please give him your undivided attention.

At this time, Charlene and I would like to wish all members and their families *Shana Tova* and peace in the Land of Israel.

COMMUNICATIONS

If you are not receiving regular monthly e-mails (and wish to do so), please let us know at **jelijo@sympatico.ca**.

Also if you wish to receive the bulletin electronically and not by mail, please let us know.



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AT A GLANCE

Aug. 31	Opening Dinner Meeting
Oct. 11	Breakfast Meeting@10 a.m.
Nov. 9	Dinner Meeting
Dec. 5	Chanukah Party @ 7 p.m.
Dec. 14	Dinner Meeting
Jan. 11	Dinner Meeting
Feb. 8	Nominations & Meeting
March 13	Elections & Breakfast
April 11	Dinner Meeting
May	Installation
June 13	Dinner Meeting

Dinner at 6:30; Meeting at 7:15 Dinner Charge: \$10 members/ \$15 non-members & guests If you plan to attend, you must **RSVP** Albert Ohana at salonpiaff@rogers.com or call (905) 597-1999

DEADLINE FOR ALL ISSUES IS 10TH OF THE MONTH UNLESS OTHERWISE CHANGED

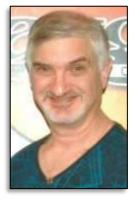


Due to the fact that the B'nai Brith building is not open in the evenings during July and August, we have had to move the

August 31 meeting from 15 Hove to 4300 Bathurst Street.

Dinner starts at 6:30 p.m. followed by the meeting.

EDITOR'S DESK



That was a nice break. As much as I love creating our Lodge's monthly bulletin, I always look forward to our summer break.

It is a time to travel, read some good books and recharge my batteries.

Have I succeeded on all counts? I definitely got outside the city, travelling to Las Vegas, Stratford, Niagara Falls, Buffalo, Orillia, Ajax and even Orono, Ontario. Now, you may be asking yourself, where is Orono and why would anyone go there?

On Canada Day, Lisa and I were looking for something different to do, when she found an ad for Jungle Cat World. The park contains a variety of animals from the "cat and dog families," including wolves, lions, tigers and cougars. It did not take long to tour the site, but it was an enjoyable outing and a fun day.

Before and after Canada Day there were a couple trips to Stratford, where we saw a number of fantastic productions, including *The Sound of Music, The Diary of Anne Frank, Possible Worlds,* and *Carousel.*

Niagara Falls is always a great getaway. Before anyone starts wondering how much I lost at the casinos, they should remember that Niagara is more than a casino town. I mean, casinos were part of fun, but there is a lot to see and do in this tourist mecca. We enjoyed a tasty wine tour, as well an evening cruise which took us to the brink of the Falls. We also took the opportunity to walk across the Rainbow Bridge – a first for both of us!

In between all the travelling I found time to sit back to read, and read and read. I never get tired of Stephen King, Clive Cussler or Jeffery Deaver. Then there was a new "classic" from Harper Lee.

I have to confess that I didn't put Kol Echad completely on the backburner. With plenty of free time, I took the opportunity to redesign our awardwinning website. Take a look at it, when you have the opportunity. One new feature is the black Kol Echad logo in the top left corner. It acts as a home beacon, so that regardless of the page you are visiting, it returns you to the Home page.



Continued on next page

I also took the time to seek out some new advertisers for our wonderful publication. I would like to welcome Pancer's Deli to our growing list of businesses that support Kol Echad and Forestdale Heights Lodge. Through their generosity, we get better each year. I urge my fellow Lodge members to try to secure an ad or two. It does not take much time and the personal rewards are great.

Now, that was the past. Where are we now, at the start of the 2015-2016 calendar year?

Within B'nai Brith Canada, communication seems to be breaking down. Last season the Jewish Tribune closed its doors, leaving BBC without a house organ. Among the lodges, there are fewer publications being produced and even fewer being mailed out to members on a regular basis.

We should be proud that our publication not only exists, but also is expanding its advertising base.

I find this trend towards less communications a cause for concern. In my view, this is the glue that binds. In our Lodge, it connects the executive, CVS, Social, Membership and other committees to our membership.

At the national level, the lodges now have less chance of learning what is going on with their national organization (except through *The Canadian Jewish News*). Given recent announcements about the sale of 15 Hove and One Kenton, B'nai Brith's residence for patients suffering from dementia, this is even more disturbing.

This breakdown greatly concerns me. Will the lodges find new ways to remain connected or will they slowly drift apart?

It promises to be an interesting year ahead, one that we are looking forward to discussing and sharing with you. After all, we ARE in the communication business here.

On behalf of my wife, Lisa, and my favourite Oakville resident, Jordana, I would like to wish everyone a Healthy and Happy New Year.

Shanah Tova.

Funnies

WHY SENIORS STILL NEED NEWSPAPERS

I was visiting my daughter last night when I asked if I could borrow a newspaper.

"This is the 21st century," she said. "We don't waste money on newspapers. Here, use my iPad."

I can tell you this. That fly never knew what hit him, but my daughter was sure upset!



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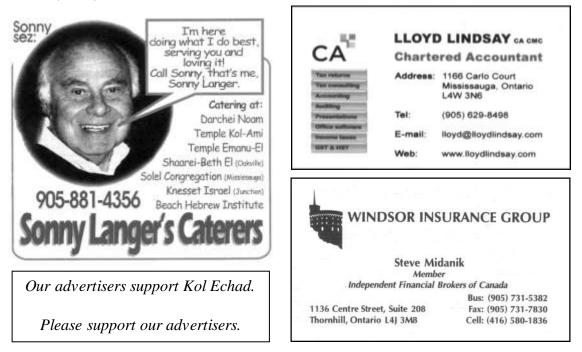
Come out to hear what Pablo Fucchansky, CFP – Long-Term Care Specialist, has to say at our December meeting.

Pablo Fucchansky has been in the insurance industry since 1993. His goal is to help clients determine if long-term care planning is appropriate and if so, help them establish if they qualify and shop for the best coverage at the best value. He has seen firsthand how lack of planning can impact a family.

He encourages his clients to meet with him and review their situation, find out exactly what the Ontario government will cover, what OHIP will cover when they are 65 and over, how long-term

care can impact their future or current retirement plans and how to avoid being forced into a nursing home with partial government aid.

His credentials include those from the Canadian Association of Insurance and Financial Advisors (now Advocis), the Investment Funds Institute of Canada (IFIC), the Canadian Securities Institute (CSI) and the CFP designation from the Financial Planners Standards Council (FPSC).





ALL STEW Stewart Indig

Welcome back. I hope you all enjoyed the hot summer. I snuck a look at Cathy's Rosh Hashanah menu and found this amazing and simple recipe to make. It is actually very good and will be devoured.

BUTTERNUT SQUASH KUGEL

INGREGIENTS

1 kg frozen or fresh (cooked) butternut squash
6 eggs
1 cup sugar
1 cup flour
750 ml non-dairy creamer
1 tbsp margarine
1 tsp vanilla



DIRECTIONS

Mash butternut squash. Mix all other

ingredients and add to butternut. It will be very

liquidy so do not worry. Pour into a 9 x12 Pyrex. Sprinkle with cinnamon. Bake @ 350 degrees for one hour.

Enjoy it. It is one of my favourite kugels.

Shana Tova.





Social/Lodge BBQ

Forstdale Heights did not walk/run away with any gold, silver or even bronze medals on Sunday, July 12. We also did not engage in any Cirque du Soleil-type acrobatics. However, what 15 members of our Lodge did take part in was our Lodge's always popular summer BBQ.

Just two days after Toronto welcomed athletes from across the Americas to the 17th Pan Am Games, Stewart and Cathy Indig welcomed the Lodge into their backyard for FHL's fifth annual summer social programme.

Unlike the athletes competing in the Pan Am Games, we did not have to push ourselves to the limit to enjoy ourselves. Our endeavour was made much easier, due to the beautiful,

hot weather (or perhaps it was Stewart's famous "punch.")

Stepping up to the plate this year as our master chefs were Barry Gordon and Stewart Indig. Both gentlemen relished the opportunity to prove their cooking prowess and put in gold medal performances. They clearly cut the mustard.

We started off with a variety of hors d'oeuvres, including dips, veggies and BBQ salami. Moving on to the dinner course event, everyone enjoyed chicken and hot dogs, along with all the necessary



condiments. For those whose appetites leaned towards "see food," salmon was offered. Let me tell you, there was nothing fishy about any of the offerings.

Not to get too corny, but the corn on the cob was absolutely delicious and well worth the price of admission to this gala event. Of course, there was also salad, cole slaw and potato salad among the offerings.

Special thanks go to the chefs who created the delicious dinner, to Barry and Sandy Gordon for ensuring another successful BBQ and to Stewart and Cathy for generously giving their home for the occasion. It was a fun evening, enjoyed by all in attendance. *Jeff Rosen*

Social/Lodge BBQ





Best wishes for a Happy & Healthy New Year

George & Charlene Garten

Shana Tova to all my Family & Friends Michael Kates & Family Marc, Rachel, Seth, Eve, Joelle Lonny, Mitchell & Hershey







The Silver family wishes everyone a very Healthy and Happy New Year

Harvey, Debbi, Lisa Mark, Shawna, Zoe, Jaime & Ezra



Wishing you all a very Happy and Healthy New Year Honey & Albert Ohana & Family



Ray & Rosalie Moscoe wish all our Lodge Brothers and Sisters a healthy and prosperous New Year *Shanah Tovah!*

Best wishes for a year of health and happiness to all

Jeff, Lisa & Jordana Rosen



Best wishes for a Happy & Healthy New Year

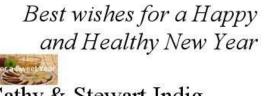
Carl & Debby Zeliger & Family



Ruth & Aaron Pupko



Wishing all our family and friends a Happy, Healthy New Year



Cathy & Stewart Indig

& family

Rosh & Hashanah



We would like to wish all our friends at Forestdale Heights Lodge and their families a very Happy and Healthy New Year

Ivan and Elizabeth Bloom

Best wishes for a Happy and Healthy New Year

Sandy and Barry Gordon

& Family

To all our friends A Healthy & Happy New Year Shana Tova



Rhona Leviston & Richard Kotzen



Blue Door Shelters (formerly Transitional Supportive and Housing Services of York Region), safe, supportive, provides emergency shelter and services for people who are homeless or at risk.

After a successful campaign to this help agency last year, Forestdale Heights has decided to renew its efforts this coming season.

We are asking Lodge members to bring toiletries when they come to monthly meetings, which will be donated to the agency. The items most needed are men's disposable shaving cream, men's razors, deodorant and shampoo. They would also appreciate items listed at right.



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Items in Need & Accepted		
Toiletries	Housewares & Linens	
toothpaste	towels	
toothbrushes	blankets/comforters	
disposable razors	twin/double size sheets	
shaving cream	pillows	
shampoo	dishes (plates, bowls, coffee mugs)	
deoderant	cutlery	
tampons/pads	Infant Items	
Footwear	baby formula (+ iron & without Iron)	
Winter boots	baby wipes	
Runing Shoes	baby bottles	
men's work boots (steel toe)	diapers - size 3, 4, 5 & 6 & pull-ups	
Clothing		
socks	Gift Cards	
underwear-boxers/briefs	Grocery Stores-Superstore	
clothing	Wal-Mart / Sears	
men's belts	Mark's Work Wearhouse	
spring/fall jackets	Gas Stations	
infant clothing/blankets	Movies (Famous Players)	
men's winter gloves & hats	Tim Horton's, McDonalds,Pizza etc.	
winter coats	YRT/Viva bus tickets	
Miscellaneous Items	Non-Perishable Food	
napsacks,sport/duffle bags		
NEW items only please	All items for men, women & children unless otherwise specified	

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SANDY'S SCRIPT Sandy Gordon

Why do the banks keep sending out mailings to encourage people to apply for yet another credit card? Isn't the economy difficult enough without causing grief to its clients?

I came home one day to find two mailings from my bank. One was my statement and the other was an enticement to think about getting another credit card with the availability of \$8,000. I think some people

might be taken in by this and presume that "Yes, that sounds good! Now I can go on that trip I always wanted to take or use this money to pay off other debts."

Talk about getting into debt! Why do folks give in to these marketing traps? Nothing can ever look or feel so good if you have just increased your debt load.

People should sit back and look at what they can and cannot do and figure out a plan that is right for them. In addition, the banks should not play on the indebtedness of their customers. They love the business.

It's up to us, their clients, to say no! Until the next time.







FHL@50

We are counting down to our 50th anniversary celebration in June 2017. Each month we will look back in time, outlining key events in history. For a complete list of what transpired that year, go to kolechad.ca/fhl50.htm.

1975

FHL Presidents: Stanley Penzer/Gary Pollock

January 15 - Steel roller coaster Space Mountain (Magic Kingdom) opens at Walt Disney



World in Florida, becoming one of the park's most popular attractions.

February 11 – Margaret Thatcher defeats Edward Heath for the leadership of the opposition UK Conservative Party. Thatcher, 49, is Britain's first female leader of any political party.

February 23 – In response to the energy crisis, daylight saving time commences nearly two months early in the United States.

March 24 – The beaver becomes an official symbol of Canada.

September 5 – In Sacramento, Calif., Lynette Fromme, a follower of jailed cult leader Charles Manson, attempts to assassinate U.S. President Gerald Ford. She is thwarted by a Secret Service agent.

September 4 – The Sinai Interim Agreement is signed between Israel and Egypt in Geneva.

September 22 – U.S. President Gerald Ford survives a second assassination attempt, this time by Sara Jane Moore in San Francisco.

October 1 – Thrilla in Manila: Muhammad Ali defeats Joe Frazier in a boxing match in Manila, Philippines.

October 11 – NBC airs the first episode of Saturday Night Live (George Carlin is the first host; Billy Preston and Janis Ian the first musical guests). November 10 – United Nations General Assembly Resolution 3379: By a vote of 72–35 (with 32 abstentions), the United Nations General Assembly



approves a resolution equating Zionism with racism. The resolution provokes an outcry among Jews around the world. It is repealed in 1991.

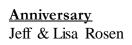
November 10 – The 729-foot-long freighter SS Edmund Fitzgerald sinks during a storm 17 miles from the entrance to Whitefish Bay on Lake Superior, killing all 29 crewmembers on board (an event immortalized in song by Gordon Lightfoot).

November 18 – The wearing of seatbelts is made mandatory in Ontario.



Good & Welfare

September 20



<u>Birthday</u> Richard Kotzen



September 21

Mazel Tov to Carl and Debbie Zeliger on the engagement of their daughter Rebecca to Daniel Rev of Australia. Wedding is likely to take place in Israel in June 2016.

Belated birthday wishes to new Lodge member Marilyn Arkin, who celebrated on August 10.

FHL extends condolences to Stan and Janet Zeliger on the loss of Janet's mother, Esther Albin. May their family know no more sorrows.

Mazel Tov to Stewart and Cathy Indig on the birth of their second granddaughter, Maya Paige.

FHL wishes a speedy recovery to Michael Kates.

If you have any special moments in your life that you wish to share with the Lodge, please send announcements to jelijo@sympatico.ca.

Kosher Food Bank

Forestdale Heights is a supporter of the Pride of Israel Kosher Food Bank. Members are requested to bring an item of non-perishable kosher food to each Lodge meeting. The food items should bear a kosher certification. Donations collected at each meeting will be delivered the following day.



HEALTH IN HARMONY Rosalie Moscoe



Aaah summer! I decided to go on sabbatical from my business in June of this year (indefinitely). So, I suppose I can say I'm semi-retired, or just plain tired! In any case, it's been a lovely summer as we decided (with my daughter's urging) to rent a cottage at Lake Simcoe for July. It

was mostly a fun time with my kids and granddaughter, despite our minor differences (I like air conditioning, they don't). So there was a series of thermostat wars. Also, over the years, I've come to enjoy a tidy household – ha! With wet bathing suits hanging on chairs, flip-flops – mostly flopped, unmade beds and tracked in dirt, I've signed on for daily clean up!

Now, there are different types of "cottage living" and I thought we were getting one kind, but got another. I didn't expect spiders, black flies and ants that seemed to hate the outdoors - they couldn't wait to get into the cottage! Perhaps they decided to become civilized - not on my watch! I didn't realize how vicious I could be with a broom (nor did my family!) Although I could do nothing about dead flies between storm windows or a white cottage that needed three coats of paint, I've done my best to be on spider watch inside and out (with my broom). I duct taped



every window and door where the little 'critters' (for lack of a harsher word) could sneak through. Oh, it's been a wonderful summer.

The highlights have been bonfires at the lake roasting marshmallows while singing camp songs under a spectacular, setting sun, going to farmers' markets for mouthwatering produce directly from the field, and being just a few steps away from a lush forest (and alas, its mosquitos). Nevertheless, it was delightful, especially when my 7-year-old granddaughter climbed into bed with me!

Continued on next page

One family event that will certainly be remembered as the highlight of the month was when we found a tiny rabbit (about 5 inches in length) injured on the pathway. We all rushed to its aid – my son-in-law diverting traffic so cars wouldn't run over it, my daughter calling animal services and dousing it with water to revive it and sending my son-in-law for cat milk. Ray rushed back to the cottage to get a child-sized shoebox to house the tiny rabbit away from the road. My granddaughter and I petted the shivering bunny, whispering, "Everything will be okay." We were told by animal services to walk away and leave him/her alone so that its mother could safely come and rescue it. So, after 45 minutes, like worried, anxious parents, we all returned to the site. The grass, baby carrots and cat milk we had left were gone – and so was the bunny.

In our minds eye, we could see the mother rabbit eating the carrots, drinking the milk then scooping up her baby by the neck and hopping home. All's well that ends well -a perfect vacation!



AS I SEE IT Marc Kates



"Are you sure you think it's safe to go?" "Aren't you afraid of terrorist attacks?" One might imagine that we were about to depart for Israel, where those questions are commonplace, but here we were off to celebrate our 10th anniversary in Paris, France. We were well aware of the attacks on *Charlie Hebdo* and the kosher supermarket, but that did not dissuade nor prevent us from travelling to Paris. I lived through bus bombings, suicide attacks, and Rabin's assassination the year I lived in Israel. Our first trip to Israel as a married couple came during the

Second Lebanon War. Why would I now change our special celebration in the City of Light?

There's no other city like Paris. It is, without question, a "world-class city." There's nothing more romantic than strolling down the Champs-Élysées hand in hand. Grabbing a patisserie, visiting museums and galleries, window shopping and seeing the sites, makes Paris a wonderful destination for any traveller.

We enjoyed every moment of our time together in Paris. We jogged along the Seine River, admired the masterpieces of the Impressionists, and had a picnic lunch in the Tuileries Garden. We dined at the top of the Eiffel Tower and walked for hours on end. One of the many highlights of the trip was a walking tour of Jewish Paris. We learned about the history of the Jews in France, highlighting such events as



the life of Rashi, the famous commentator on the Talmud and Tanach 1040-1105, the Jewish expulsion from France in 1374, the Dreyfus Affair of 1894, and the recent anti-Semitic attacks. It was interesting to see that posted outside of Jewish institutions are armed guards paid for by government coffers, and we never felt safer. Manuel Valls, the current French Prime Minister, is quoted as saying, "If 100,000 French people of Spanish origin were to leave, I would never say that France is not France anymore. But if 100,000 Jews leave, France will no longer be France. The French Republic will be judged a failure." Numerous times along our Jewish walking tour, we were thanked for being there and for supporting the community.

France's Jews are indeed facing tough times. We, as Jews in the Diaspora, must support one another just as we do when the situation is difficult in Israel and stand together as one. From our family to yours, a very happy, healthy, and peaceful new year. I wish all members of Forestdale Heights Lodge a Happy and Healthy New Year

Shanah Tovah!



Valerie Burke

Councillor Thornhill Ward 1 tel. 905-479-7747 vburke@markham.ca



