

# KOL

Forestdale Heights Lodge  
B'nai Brith Canada

# ECHAD

November/December 2022

Cheshvan/Kislev/Tevet 5783



*Happy Chanukah*

Volume 21, No 2

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# KOL ECHAD

Kol Echad is the official publication of Forestdale Heights Lodge, B'nai Brith Canada.

It is published five times a year.

We welcome all articles and letters from members of the Lodge and their spouses.

All material submitted is subject to editing.

The editor may consult with members of the bulletin committee regarding suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writers and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

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# AT A GLANCE

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FHL will hold Zoom meetings on the second Tuesday of each month in 2022.  
Start time: 7:00 p.m.

**Upcoming Meetings:** November 8, December 13, January 10, February 13, March 14, April 11, May 8

*All dates are subject to change*

## **Kol Echad schedule for the 2022-23 season**

January / February – Winter Issue

**Deadline: December 10**

March / April – Purim/Pesach Issue

**Deadline: February 10**

May / June – Spring Issue

**Deadline: April 10**

# COVER ART

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It's five minutes to midnight, and the year 2022, is running down. Many would say that not all has been well with the world this year. Hopefully, 2023 will be better. This elegant timepiece also reminds us that Daylight Saving Time is ending on November 6. The following month we celebrate Chanukah, the Festival of Lights. We light the first candle on Sunday, December 18 and finish off on December 25, with the holiday concluding the following day.

Image by annca from Pixabay <https://bit.ly/3A0Bt64>



# MILESTONES

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## **FHL wishes a Happy Birthday to:**

Debby Zeliger  
Debbi Silver  
Albert Ohana

November 6  
November 17  
December 9



## **FHL wishes a Happy Anniversary to:**

Mark & Marla Spergel  
Eddie & Marilyn Arkin

December 7 – 42 years  
December 28 – 53 years



\* \* \*

*If you have any memorable moments in your life (or the lives of your children or grandchildren) you wish to share with the Lodge, please send announcements to [jelijo@sympatico.ca](mailto:jelijo@sympatico.ca).*

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# MILESTONES

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FHL congratulates Danielle Reich, daughter of Albert & Honey Ohana, who completed the Toronto Waterfront Marathon on October 16. Reich ran on behalf of efforts to fight kidney disease. To honour her achievement, the Lodge made a donation on her behalf to the Global Care Outreach Program, Doobay Dialysis Clinic, in Guyana.



Coping with kidney failure isn't just about the physical symptoms. It can also have a major impact on your life that can cause a great deal of stress and can create a range of feelings and worries. One such worry, is affording potentially life-saving treatment.

Dialysis can be quite expensive, however, in developed countries, the government takes care of a considerable percentage of the total cost of dialysis. Here in Canada, the cost of dialysis is generally taken care of by the government. The Global Care Outreach Program was established in 2011. This program conceptualized and successfully launched the Doobay Dialysis Clinic in Guyana. This medical centre is treating patients on a regular basis.

Your donation of CAD \$76 will enable one patient to benefit from one dialysis session. Most patients need three sessions per week (\$228). No patient is turned away at the Guyana Dialysis Clinic.

I have decided to support this organization during my first ever 1/2 marathon.

*Danielle*



## PRESIDENT'S PEN

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Ruth Pupko

We certainly had a wonderful break this summer, but it is now time to focus on our CVS projects, fundraising etc. We held our first meeting on September 13 and had a great turnout. Everyone is enthusiastic about starting to work together as a team, just like when I worked at the Bank of Nova Scotia, "One Team, One Goal."

We will resume our CVS project of delivering a box of cookies along with a letter thanking the EMS service workers, and we salute them and thank them, as they had to work under such horrific and trying conditions. A monetary donation was mailed to Ve'ahavta so that they could buy the necessary clothing and food for the homeless. A Special Projects committee has been formed, and they will come up with recommendations for allocating some funds for special projects as they occur. Albert, Ray and Marilyn are long-standing members, and they definitely will bring their expertise. We wish them good luck and look forward to their report.



This pandemic has taught us many lessons: be kind, value your family and friends, technology is a necessity, scientists are also our heroes, and learn to be patient, but best of all, getting older is not so bad. So let us not forget to be patient and caring with one another and give a smile to your neighbour or even a stranger. It's definitely contagious!

Have a wonderful, healthy and happy Chanukah.



<https://veahavta.org/>





## EDITOR'S DESK

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Jeff Rosen

Family members have long since departed, dishes and platters have been put away, and whatever food was not eaten has been packed and put in the freezer.

Rosh Hashanah 5783/2022 is now part of our family's recorded history.

You may be wondering what that exactly means. I guess I'll have to start at the beginning. You see, we have been in our house for 31 years and for every one of them – except for one year from hell – we have invited family and friends into our home to enjoy delicious Rosh Hashanah lunches. I know some people prefer to get together over dinners; however, both Lisa and I came from homes where our moms would lay our lavish spreads after coming home from synagogue. Of course, that meant rushing home after shul, setting up and getting the festival meal ready. However, it was all worth it once we sat down to soup, turkey, chicken, roast and kugel.



Almost two decades ago, I started keeping detailed records for both Rosh Hashanah and Pesach so that from one year to another, we would know what we served and the number of people who joined us around the dining room table. Trust me if you're wondering if this is just useless paperwork; it really does help plan each festival meal.

I always find it interesting looking back on holidays past. One of the things I've found fascinating is the quantity of food served. Of course, this is partially determined by the number of people sitting around the table. However, even in years where the number of guests remained constant, we reduced the number of dishes served. I have never understood why people feel they have to serve more food on Rosh Hashanah than they do for a typical Shabbat dinner. Where in the Torah does it say that one must consume more on the High Holidays?

**Continued on next page**





These records, categorized by year and holiday, bring back many good memories. Unfortunately, they are also a source of sadness, as many who joined us in years past are no longer with us. Even before some of our treasured “guests” passed on, failing health meant they would have to “take a pass” and decline the invitation. There was always the familiar refrain, “Well, maybe next year,” but most of the time, we knew we were losing another welcome guest.

If it sounds like Rosh Hashanah is all doom and gloom at our home, you would be so wrong. Yes, beloved family members and friends have left us, but others have joined, adding new dimensions to the festival meal. Whereas Lisa would take direction from our mothers in years past, now our daughter takes direction from her mother. Lisa finally learned to sit back while Jordana took over post-meal cleanup.

People have come for the holiday meals, and people have left. However, the traditions remain, as well as a written record of what transpired.

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Even before the first course was served, I found this past Rosh Hashanah both familiar and different. Once again, I clicked on a synagogue service, not wanting to sit in shul with a mask for hours. I found this year’s differences quite interesting. For the past two years, COVID has forced many synagogues to close their doors and offer virtual services at no cost to the public. This year, many ran a combination, with some charging the same for virtual and in-person services, some offering restricted attendance and one even restricting their virtual offerings to members only. There definitely was a change in attitude, and not, in my opinion, for the better. Given that many are facing declining membership issues, one would have thought they would have chosen to be more welcoming.

Still, it was a good holiday. Our family lunches were traditional, welcoming, and a reminder of the fantastic heritage our grandparents and parents bequeathed to us.

It’s almost time to close off another year and say goodbye to 2022. It was another year of COVID ups and downs. I look forward to June 2023, when I can officially say I am a senior!

Be well, think good thoughts and enjoy life.

**[Jordana Rosen photo]**

***I would like to welcome Sea-Hi to our Kol Echad family. Their support helps to support Kol Echad and, therefore, the entire Lodge. – J.R.***



# SEPTEMBER MEETING

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Forestdale Heights Lodge launched its 2022-2023 season on Tuesday, September 13, with 12 active Lodge members attending a Zoom meeting.

As well as Lodge President Ruth Pupko, those in attendance included Zoom moderator Stewart Indig, Harvey & Debbi Silver, Elizabeth Bloom, Eddie & Marilyn Arkin, Albert Ohana, Ray & Rosalie Moscoe and Jeff & Lisa Rosen.

After a lively discussion about the Lodge's finances, it was agreed that a committee would be formed to investigate the matter and explore where best to donate funds. Ray, Albert and Marilyn volunteered to sit on the committee.

High on the meeting's agenda was the future of the successful pushka can fundraising program. After much discussion, the consensus was that it was time to wind down the program. It will end once the current supply of cans are full and returned to the Silvers. Harvey explained that he and the late Michael Kates launched the program.

Turning to CVS, it was agreed to make an immediate donation to Ve'ahavta due to the increased need in the community.

For those unaware of the organization, Ve'ahavta is a Jewish humanitarian organization dedicated to promoting positive change in the lives of people of all faiths and backgrounds who have been marginalized by poverty and hardship.

Also, on the subject of CVS, it was decided to continue with our annual EMS project. The program allows members of FHL to deliver boxes of chocolates or cookies to police and fire stations and to EMS personnel. These parcels are usually given around the Chanukah/Christmas season.

On the subject of Chanukah, Ruth asked whether the Lodge should hold a Chanukah party for members. After a brief discussion, the matter was put off to the next meeting.

Harvey spoke about the new Kol Echad season, letting everyone know that invoices were sent out in the summer. The Lodge is still waiting to hear back from two advertisers.

Jeff/I added that we have just picked up one new advertiser, Sea-Hi Famous Chinese Food, whose ad first appeared in the September/October pdf issue and is now starting to appear in print with this issue.

We wished each other a sweet and healthy year and said our goodbyes.

There was no meeting in October due to the Jewish holidays.

Our next meeting was set for November 8.

*Jeff Rosen*



# KOL ECHAD FUNDRAISING

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In the “good ole days,” before COVID-19 ruled the world and Kol Echad published 10 issues a year, it was relatively simple to run our annual High Holiday Greetings Campaign. We would contact Lodge members and political representatives at all levels of government and set the wheels in motion. Fortunately, the worldwide virus has not slowed or diminished this popular fundraising tool. In fact, just the opposite occurred. Most members responded positively to the campaign, placing larger greeting ads in the last issue. Municipal representatives in Toronto and Markham, as well as Liberal MPs, helped make this one of the most successful High Holiday fundraisers, second only to last spring’s Passover Greetings.

The decision to publish five issues a year changed things, though. In the past, we would conclude a High Holiday campaign and have a few months before we had to start thinking about Chanukah Greetings. However, with only two fall issues, the first fundraiser in September is immediately followed by a second in November.

As a result, a decision was made to operate a low-key Chanukah Greetings, offering members simple ads at no cost. A few members opted in, and some even chose larger ads. At the same time, we decided not to reach out to our political contacts. We will check back with them for next year’s Pesach Greetings.

We would like to thank everyone for their continued support.

***Jeff Rosen***



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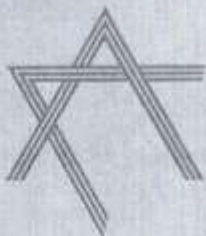
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# PERSPECTIVES

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One evening my mother made dinner after a hard day's work. She put a plate of eggs, salad and burnt toast in front of my father.

I immediately noticed the burnt toast... And, I was waiting to see if he was going to complain about it, but my father started to eat them, smiling and asked me how I spent my day at school.

My mom apologized to my dad for the burnt toast. I will never forget his response to her: "Honey, I love burnt toast!"

Later, when I went to bed, and my dad came over to kiss me goodnight, I asked him if he really liked the burnt toast.

He hugged me and said, "Your mother has had a difficult day, and she is really tired. She went out of her way to prepare this meal for us. Why blame her and hurt her? Burnt toast never hurt anyone, but words can be very painful!"

**We have to know how to appreciate what others do for us, even if it's not perfect, because it's the intention to do well that counts and no one is perfect.**



# PERSPECTIVES

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Every month Martín's parents took a trip to see Grandma and came home on the same train the next day. One day the child said to his parents:

*"I'm already grown up. Can I go to my grandma's alone?"*

After a brief discussion, his parents accepted. They stood with him as he waited for the train to exit. They said goodbye to their son and gave him some tips through the window. Martin repeated to them:

*"I know. I've been told this more than a thousand times."*

As the train was about to leave, his father murmured in his ear:

*"Son, if you feel bad or insecure, this is for you!"*

And he put something in his pocket.

Now Martin was alone, sitting on the train, as he had wanted, without his parents for the first time.

He was admiring the landscape out the window. Around him, some unknowns pushed themselves in. They made a lot of noise. They got in and out of the train car. The conductor made some comments about him being alone. One person looked at him with eyes of sadness.

Martin was feeling more uneasy with every minute that passed. And now he was scared. He felt cornered and alone. He put his head down, and with tears in his eyes, he remembered his dad had put something in his pocket. Trembling, he searched for what his father had given him. Upon finding the piece of paper, he read it:

*"Son, I'm in the last train car!"*

***That's how life is; we must let our kids go. We must let them try new things. But we always like to be in the last car, watching, in case they are afraid or in case they find obstacles and don't know what to do. We want to be close to them as long as we are still alive.***





*Jeff, Lisa & Jordana Rosen* would like to wish everyone in Forestdale Heights Lodge a Happy Chanukah. May the lights on your Chanukiahs shine bright.

\*\*\*

Happy Chanukah to all our dear sisters and brothers in Forestdale Heights.  
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*Ray and Rosalie Moscoe*



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everyone a happy  
and healthy  
Chanukah





**Ruth and Aaron  
Pupko**



Wishing a happy  
Chanukah to our Lodge  
members friends and  
families. May we have  
peace and good health.

*Eddie and Marilyn Arkin wish all their  
family and friends a healthy and Happy  
Chanukah.*



Wishing you  
the happiest  
of Chanukahs

Love the Indig and Levy families

# COMMUNITY



## VOLUNTEERS NEEDED

B'nai Brith Canada requires volunteers for two-hour shifts to work as greeters and B'nai Brith Ambassadors at bingo halls.

### ALL COVID-19 PROTOCOLS WILL BE FOLLOWED

The bingo revenue allows us to provide services such as emergency food boxes to hundreds of seniors who are food insecure, housing to many Holocaust survivors and clothing and other necessities to the most vulnerable in our community.

We need your assistance and ask anyone who can volunteer to contact Cheryl Landy at (416) 633-6224, ext. 134 or e-mail [volunteer@bnaibrith.ca](mailto:volunteer@bnaibrith.ca) for more information.

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# BLOG\_FHL

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*In the last issue, we introduced Blog\_FHL, Kol Echad's new communications column. We are asking members to submit information on their favourite places and things in life. You can answer as many or few questions as you like. Responses will be published in the following issue.*

***Please feel free to add your own favourites!***

## **To start:**

- What's your favourite ice cream shop?
- What's your favourite spot for breakfast?
- What's your favourite park?
- Book recommendations?
- What's your favourite movie or theatrical production?
- What's your favourite decadent treat? Where do you get it?



Please send responses to [jelijo@sympatico.ca](mailto:jelijo@sympatico.ca).

We will include your name with responses unless you prefer to remain anonymous.

\* \* \*

Time to step off the sidelines to reveal my personal favourites.  
*Jeff*

- **Favourite Movie:** Back to the Future II;
- **Favourite Breakfast Spot:** Wimpy's;
- **Favourite Deli:** Pancer's
- **Favourite Steakhouse Restaurant:** Remington's of Niagara Falls;
- **Favourite Theatrical Productions:** Come from Away, Les Miz;
- **Favourite Book:** The Mirror, Marlys Millhiser



# FOOD SENSATIONS

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## HONEY GARLIC SOY GLAZED SALMON

### INGREDIENTS

Salmon fillets, about 6 ounces each  
 $\frac{1}{3}$  cup reduced-sodium soy sauce (or regular)  
 $\frac{1}{3}$  cup honey/garlic sauce  
1 tbsp. Sesame or olive oil

**Optional for garnish:** chopped green onion and/or sesame seeds



### PREPARATION

**Marinate the salmon:** Place salmon fillets into a large zippered food storage bag or shallow dish/container. In a medium bowl, whisk soy sauce, honey, oil, garlic, and ginger together. Pour about half of the mixture over the salmon. Turn salmon to coat. Seal the bag/cover the dish and refrigerate for at least 15 minutes and up to 4 hours.

Preheat oven to 375°F. Line a baking sheet with aluminum foil, parchment paper, or a silicone baking mat. Set aside. Line the marinated salmon fillets on the baking sheet, skin side down.

You can hold onto this used marinade. Bake salmon for 15–20 minutes or until done, which is 10 minutes per inch thickness measured from the thickest part of the fillet.

Feel free to turn your oven to broil for the last minute to crisp the edges.

As the salmon bakes, pour the remaining unused marinade into a small saucepan or skillet over medium-high heat. If you want, you can add the remaining (used) marinade as well. Bring to a boil, and then reduce heat to medium-low and simmer for 3–4 minutes or until slightly thickened. Keep a close eye on it because it can quickly burn. It will bubble up a lot as it reduces. Remove from heat.

Drizzle thickened glaze over baked salmon and serve with optional garnish.

Leftovers keep well in the refrigerator for a few days. Reheat to your liking.

*Recipe tried and tested in Rosen kitchen. It was delicious!*



# FOOD SENSATIONS

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## LOW-FAT POTATO LATKES

### INGREDIENTS

1 lb Idaho or russet potatoes scrubbed but NOT peeled  
1/4 cup chopped onions  
3 large egg whites  
1/2 tsp salt  
1/4 tsp pepper  
1 tbsp. flour  
3-4 tbsps. Olive oil



### PREPARATION

Preheat oven to 350 degrees.

Grate the potatoes.

Transfer the potatoes to a colander to drain. Rinse well in cold water to remove starch, and the potatoes will turn white again.

Drain very well.

Place the potatoes, onion, egg whites, seasonings and flour into a medium bowl. Stir well to combine.

Cover with plastic wrap and let it sit for 15 minutes.

Spray a baking sheet with spray.

Add 2 tbsps. oil in a large fry pan over high heat.

Stir the potato mixture and, working in batches, drop the mixture by spoonfuls into the hot skillet and shape it into circles.

Let the latkes brown and then turn over.

Place the latkes on a cookie sheet.

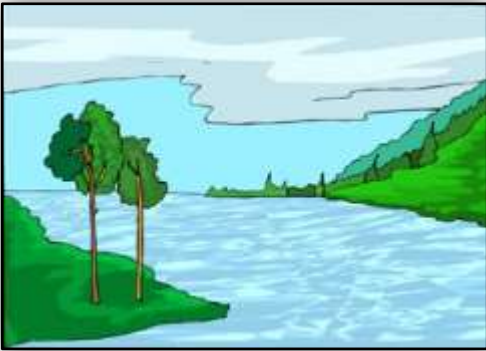
Bake latkes, uncovered for 15-20 minutes.

- *Cathy Indig*



# FORESTDALE FUNNIES

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One day, three men were hiking and unexpectedly came upon a large, raging, violent river. They needed to get to the other side, but had no idea how to do so.

The first man prayed to God, saying, "Please, God, give me the strength to cross this river." Poof! God gave him big arms and strong legs, and he was able to swim across the river in about two hours, but only after almost drowning a couple of times.

Seeing this, the second man prayed to God, saying, "Please, God, give me the strength ... and the tools to cross this river." Poof! God gave him a rowboat, and he was able to row across the river in about an hour, but only after almost capsizing the boat a couple of times.

The third man had seen how this worked out for the other two, so he also prayed to God, saying, "Please, God, give me the strength and the tools...and the intelligence... to cross this river." And poof! God turned him into a woman. She looked at the map, hiked upstream a couple of hundred yards, and then walked across the bridge.

Jack was coming out of shul one day, and the rabbi was standing at the door as he always did to shake hands.

## THINGS I AM NO LONGER INTERESTED IN

1. Driving at night
2. Driving in the winter
3. Getting on a scale
4. Arguing with idiots
5. Being "fashionable"
6. Going to the gym
7. Kale
8. Wearing clothes that don't stretch.
9. Counting carbs
10. Caring about what other people think about me.

# FORESTDALE FUNNIES

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**Buddy and his friend went up to the Air Canada check-in desk this morning.**

**The agent asked:  
"Do you have reservations?"**

**Buddy said: "Yes, but we're flying with you anyway."**

The last time I flew to Toronto, I checked in at Halifax airport, and the agent asked me if I had any baggage to check. I said yes to these two.

I asked her if she could send the black one to Vancouver and the grey one to Boston, but Mr. MacDougall, we cannot do that as you're flying to Toronto.

I said why not? You did it last time.

\*\*\*

## **New House**

Little boy 1: "So your family got a new house! How do you like it?"

Little boy 2: "It's terrific! I have my own room, John has his own room, and Rachel has her own room. But poor Mom is still in with Dad."

\*\*\*

## **Tired Traveler**

A tired traveller pulls into a hotel around midnight. Very tired after a long day's trip, he asks the clerk for a single room. As the clerk fills out the paperwork, the man looks around and sees a gorgeous blonde sitting in the lobby. He tells the clerk to wait, and he disappears into the lobby.

After a minute, he comes back with the woman on his arm. "Fancy meeting my 'wife' here," he says to the clerk. "Guess I will need a double room for the night."

The next morning, he comes to settle his bill and finds the amount to be over \$3,000. "What is the meaning of this?" he yells at the clerk. "I have only been here for one night!"

"Yes," says the clerk, "but your 'wife' has been here for three weeks!"

**AT MY AGE, ROLLING OUT OF BED IN THE MORNING IS THE EASY PART.**

**GETTING OFF THE FLOOR IS A WHOLE OTHER STORY.**





# HARMONY

Rosalie Moscoe

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Just two months ago, I became a social media person. Initially, I had no idea what I was doing on Facebook or Instagram! It's been a fast-learning curve (with a great assistant), and I'm still making mistakes. However, I figure it's good for my brain! I've become a video artist for my songs, and that, for me, is the best fun of all! I'm sending out my pitch to radio stations, and I even was a guest on my first podcast for Kindie Rock Stars! I was interviewed about how I became a children's performer, and five of my songs were featured. I gave each one an introduction about why I wrote the song and how my music career started when my daughter Rhonda (age 3) was not happy about attending nursery school. At that time, my son Darren was only a few months old, and I suppose she felt usurped by her cute baby brother.



Mommy Get Off The Phone - Rosalie

She refused to speak to anyone at school. The teacher called me and said, "does your daughter speak?" I was floored. At home, she was a chatterbox! I felt terrible thinking, "Why did I send her to nursery school after all?" I decided to go the school the next day (on the little school bus, carrying my ukulele), having decided to sing some songs for the kids (and my daughter) at her school. The next day the teacher called me and said, "Your daughter hasn't stopped talking! Can you come to the school and play and sing for us next week?" Of course, I answered yes. That was the start of my music career. I eventually sang for many other nursery schools, day camps, and the North York Public Library music for children's classes.

Then I started to write children's songs - primarily due to my own children's escapades! My neighbour Jean found another children's singer/performer for kids, and I became part of the Canadian singing duo Jim and Rosalie. Jean became our manager, and her husband, Ron Harrison, our arranger.

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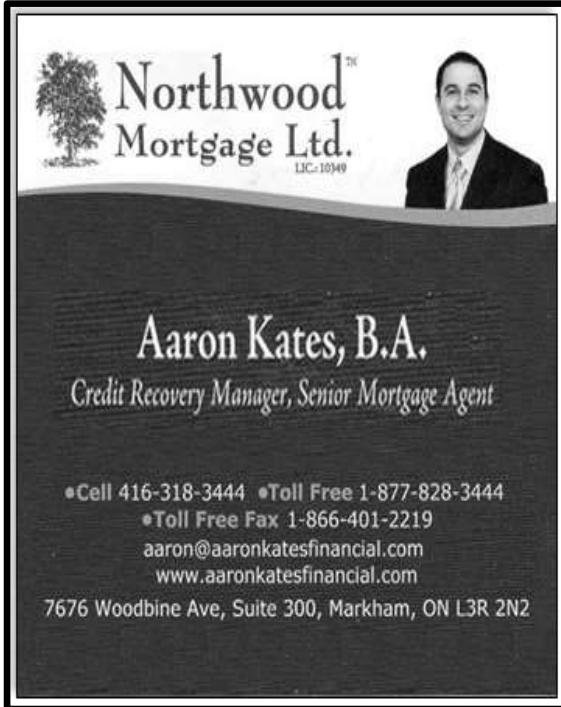
We sang for hundreds of thousands of children across Canada in schools and concert halls. We were nominated for two Juno awards. It was a lot of hard work, but I loved it! There's nothing like being in front of thousands of children, hearing them sing, laugh and dance to my very own songs! So now, I've brought back my songs to the digital world. I may make some videos – grandma singing songs! But hey, lots of old rockers still carry on!

I don't think I'll be touring, but I'm just taking one step at a time. Hey, didn't Colonel Sanders start Kentucky Fried Chicken at 84? Well, I'm not that old yet! Why did I restart this career in this way? It was unfinished business when our \$11 million TV series was cancelled due to the recession in 1989. But I went on to other ventures! Here's to learning and keeping that spark ignited.


You can check out Rosalie's children's website: [www.rosalimoscoe.com](http://www.rosalimoscoe.com), hear her songs and see the lyrics. Songs are streamed on Spotify, Apple Music, Amazon and YouTube.

### **New video, Mommy Get off the Phone, Daddy Too!**

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## AS I SEE IT

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Marc Kates

There are those places that one simply returns to again and again. The legend of the Trevi Fountain says that you should stand with your back to the fountain and toss a coin over your left shoulder to guarantee a return trip to Rome. There are some places that just demand a return visit, and others that are nice, but visiting them once is sufficient. I shake my head in disbelief when I've heard Americans proudly boast about why they should travel the world when there is so much to see in the United States. I've even heard some state that they can claim they've visited the Pyramids of Giza, Venice, and Paris by visiting Las Vegas. In my books, nothing beats the real McCoy.

After two years of not leaving the country because of the pandemic, we felt it was time to travel again beyond our borders. Don't get me wrong- we loved travelling and discovering Canada, and last summer's trip to Newfoundland and Labrador made me appreciate this magnificent country even more. With the world as their oyster, each Kates child was offered the opportunity to present their case where the family should go after returning home from camp. Each suggestion was unique and quite diverse. My 13-year-old suggested we travel to Canada's north and visit the Yukon. The ruggedness of the Yukon and visiting a place we've never travelled to seemed quite appealing. Still, we figured that a trip to the Yukon would not be dissimilar from our trip to Newfoundland and Labrador the previous summer. I can imagine the same vastness and beauty of the land. My 11-year-old presented Holland as her destination of choice. We've always spoken about visiting the Netherlands and have even looked into a cycling tour of the Dutch countryside. She spoke about visiting the Van Gogh Museum in Amsterdam and seeing the Anne Frank House. With only a week of vacation, visiting Amsterdam and seeing the Dutch countryside would be too much, but we're certainly keeping that suggestion on the back burner.



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Finally, it was the youngest's turn. She said, "I want to visit the City of Light. I want to go up the Eiffel Tower, and I want to try macarons. I want to go to Paris." In that Goldilocks moment, a suggestion was made that was "just right." So, even though we, the parents, had been to Paris before, we loved the idea. We wanted to experience Paris through their eyes.

In our usual carry-on travel challenge, the family spent a wonderful week in Paris. On Day 1, we walked to the second level of the Eiffel Tower and then took the elevator to the top at sunset and took in the view. We had never climbed the 674 stairs before, and boy, was it worth it. Our Parisian adventure consisted of a tour of Versailles and the Louvre, the Musee d'Orsay and an outing to Giverny, to visit Monet's house and his famous water lilies. We had a pastry and chocolate walking tour of Montmartre, climbed the Arc de Triomphe, and toured the atelier of Yves Saint Laurent. Of course, no trip to Paris would be complete without exploring the gastronomic delicacies that Paris has to offer. From soufflé to crème brûlée, from crêpes to croissants, we had it all. The spoiled Kates children learned that the French foods they had been introduced to at home tasted slightly better in historic Paris. Seeing their eyes light up in the City of Light made it all worthwhile, and we hope that one day, they will recall with fondness the trip to Paris they took with their parents.



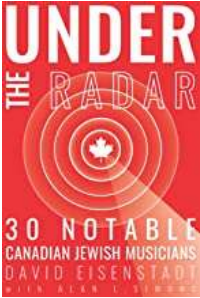
No Vegas recreation can ever replicate the real thing. So as we plan for summer 2023, we look forward to visiting that other place to which we are repeatedly drawn again and again – Israel. Yes, the kids have been there before, but there is only one Israel, and we can't wait to continue to explore that amazing place.



# BOOK REVIEW

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By **Rosalie Moscoe**

David Eisenstadt is a journalist turned Public Relations Consultant and now the author of *Under The Radar – 30 Notable Canadian Jewish Musicians*. His remarkable book started as a hobby, at the outset of the COVID pandemic, by writing a weekly music biography/history column about Canadian Jewish performers, some alive, some having passed on. That's what drew him to keyboard this one-of-a-kind Canadian Jewish music anthology. In doing so, he unearthed and wrote about an array of 30 talents.

He selected musicians somewhat out of the public eye. Eisenstadt felt it was important to remember and cherish the contributions of so many talented Canadian Jewish musicians, out of sight and out of mind. His goal was to document the music history of Jewish musicians to possibly assist them (for many still alive) in stepping into the spotlight to achieve the fame they so much deserve. He was spurred on by author/publisher Alan L. Simons, which led him to refresh many of his Sunday stories on the Community Jewish News website, [cjnonline.com](http://cjnonline.com).

No music category was ignored, from a Sephardic cantor to film composers, folk singers, children's performers, songwriters, classical musicians, and flutists to artists bent on Jewish spirituality. Also, he connected with country music producers, bandleaders, composers, arrangers, conductors, ethnic musicians, and pop and rock n roll singers. Eisenstadt, "the king of acceptance," truly values each person and their talents as he chronicled their stories with a river of pride. Not only were they Jewish, but they were also so very talented in their respective fields.

His subjects ranged from Salomon Amzallag (aka Samy El Maghribi, the Charles Aznavour of Morocco), who became the cantor at Montreal's famed Spanish & Portuguese Synagogue, Shearith Israel. It's Canada's oldest Jewish congregation, established in 1768. Eisenstadt felt it was essential to bring to the forefront the ancient Sephardic traditions rich in culture, heritage, and Judaism.

Other notable artists featured in *Under the Radar* are memorable musicians, such as flutist Morris (Moe) Koffman and his familiar tune "*Swingin' Shepherd Blues*." His group kept George's Spaghetti House rocking each week in Toronto. You'll learn about the incredible cellist Ofra Harnoy, who leaves her audiences breathless!

**Continued on next page**



Another musician I'll never forget is Percy Faith, the bandleader, composer, arranger, and conductor. His classic movie tune, *Theme from a Summer Place*, is unforgettable. Also featured is the award-winning vocalist Aviva Chernick, a polished gem who sings Hebrew, Ladino, Yiddish and English songs worldwide. You'll read about Amy Sky, her husband Marc Jordan, and groups like The Diamonds, The Rover Boys and many more.

"This is a welcome Canadian Jewish Music Anthology," said the iconic Jerry Gray of The Travellers fame in Toronto.

Eisenstadt came from a family steeped in music. His uncle, Morris Eisenstadt, a pal of Moe Koffman, was a long-serving O'Keefe Centre woodwind player. He's also in the book. So is Zal Yanovsky of The Lovin' Spoonful. In *Under the Radar*, Eisenstadt brings out all the richness of each artist's storyline by delving, but not intruding, into their lives. He brings to the foreground what kind of people they were. Of course, that's why the book is so interesting, as it discusses the musicians' work, where they performed, their lives, their thoughts, their families, and their talents. The reader gets hooked on each chapter. However, that's what makes this book so interesting as Eisenstadt immerses himself fully into their subjects' personal and professional lives. On each new page of the biographies, the reader wants to see who and what is next!


"What fun! *Under the Radar* is like reading the program notes at a music festival where every performer is Canadian and Jewish, and the music is of all genres and every era," said folklorist Shelly Posen in Ottawa.

All the performers' families Eisenstadt chose to feature had emigrated from many countries – mainly to flee persecution from Russia, Poland, Romania, Germany and other countries (as did my own grandparents). But these Jewish immigrants carried with them to their newfound countries of freedom not only their love of music, but also their violins, mandolins, clarinets, flutes and saxophones. The "Fiddler on the Roof" weaved their way forward to enrich their new homelands no matter where it was.

*If you love biographies or don't, you will greatly enjoy the fascinating tales featured in Under the Radar because these musicians are an essential part of Canada's history.*

*Eisenstadt's book is available on Amazon.com and Amazon.ca in print and e-book versions and in-store at TYPE in Forest Hill Village and Indigo@ Yonge & Eglinton in Toronto.*

*Rosalie Moscoe is a singer, songwriter, and recording artist. She has been twice nominated for a Juno Award for Best Children's Album. She is formerly part of the Canadian Singing duo Jim and Rosalie.*



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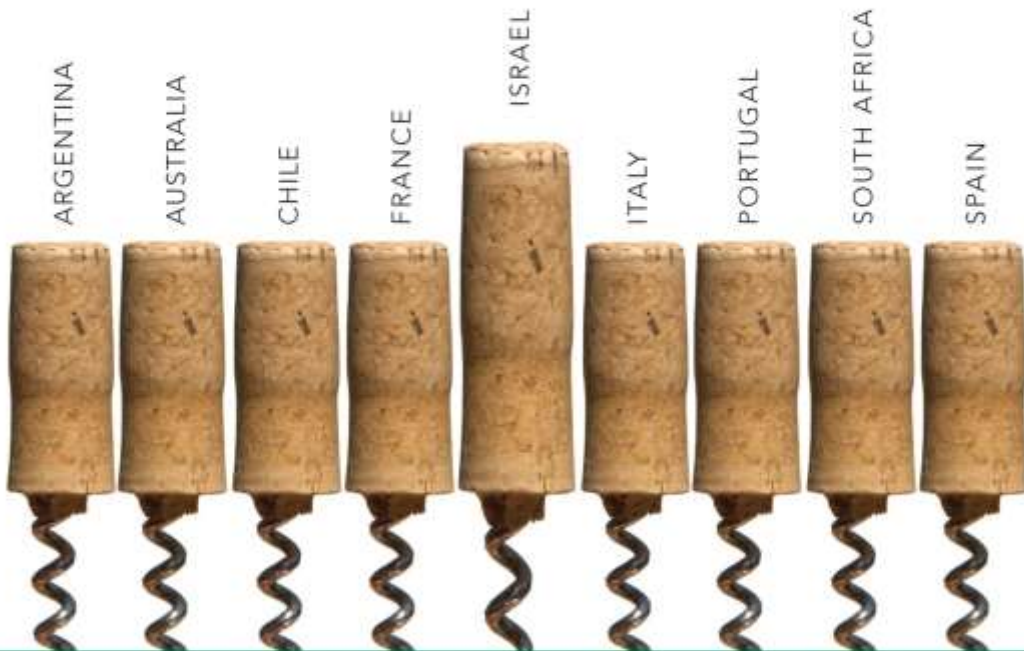
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