

Forestdale Heights Lodge, B'nai Brith Canada

# KOLECHAD

January 2014  
Tevet/Shvat 5774



# KOL ECHAD

Kol Echad is the official publication of Forestdale Heights Lodge. It is published 10 times a year.

We welcome all articles and letters from members of the Lodge.

All material submitted is subject to editing.

The editor may consult with members of the bulletin committee regarding suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writers and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

## Editor

Jeff Rosen

## Advertising

Harvey Silver

## Editing Staff

Marc Kates

Lisa Rosen

Debbi Silver

## Printing/Mailing

Aaron Pacter

Michael Pacter

# COVER ART

It's January and that means Tu B'Shvat which falls this year on January 16.

It is also called "Rosh Hashanah La'Ilanot" (Hebrew: ראש השנה לאילנות), literally "New Year of the Trees." In Israel the day is celebrated as an ecological awareness day and trees are planted in celebration.

## KOSHER FOOD BANK

Forestdale Heights is a supporter of the Pride of Israel Kosher Food Bank. Members are requested to bring an item of non-perishable kosher food to each Lodge meeting. The food items should bear a kosher certification. Donations of sealed toiletry items are also welcome. Donations collected at each meeting will be delivered the following day.

## AT A GLANCE

January 5	Slate Meeting
January 6	Dinner Meeting
March 15	Purim Program
May 4	Goodlife Marathon
June 1	FHL@Woodbine

**Watch your e-mails and  
our website for dates of upcoming programmes.**

**Dinner at 6:30; Meeting at 7:15**

**Dinner Charge: \$10 members/\$15 non-members & guests**

**If you plan to attend, please RSVP Albert Ohana at  
salonpiaff@rogers.com or call (905) 597-1999**

## YEARLY AD RATES

Full Page \$200

Half Page \$100

¼ Page \$50

Business Card \$40

If you would like to advertise, call Harvey Silver, (416) 223-0780

**DEADLINE FOR ALL ISSUES IS 10<sup>TH</sup> OF THE MONTH  
UNLESS OTHERWISE CHANGED**



## PRESIDENT'S PEN

I can't believe that I am actually writing an article for the January 2014 bulletin. Where did the year go?

Forestdale Heights Lodge should be very proud of the accomplishments made in 2013. Thanks to Stewart Indig for helping organize our annual holiday programme in support of EMS, fire and police personnel and to all members who helped deliver cookies to the various stations. The programme remains popular and is greatly appreciated by those receiving the holiday packages. This year they were delivered in special canvas bags embossed with our logo. Thanks to Richard Kotzen and Jeff Rosen for making this possible. A special thank you also goes out to those members who donated their time to the Yellow Brick House. This project was also in the capable hands of Stewart Indig.

George and Charlene Garten, thank you again, for making our annual Chanukah party a great success. To those who couldn't make it this year... there's always Chanukah 2014.

Mazel Tov to Michael Kates on becoming the chairman of the Board of Governors of Forestdale Heights Lodge.

Thank you to Carl Zeliger and all the members who have been bringing food for the Kosher Food Bank at the Pride of Israel. This is really a mitzvah!

On a personal note, I will not be able to attend the meetings for the next few months due to a prior commitment. I would like to thank George Garten, in advance, for taking over the reins.

Although I won't be attending the meetings, I am still available by phone (416) 223-0780 or e-mail

**[debbisilver@rogers.com](mailto:debbisilver@rogers.com)**.

Debbi and I wish all of you a healthy and happy New Year.

*Harvey Silver*



# BOARD OF GOVERNORS

At the December meeting, past presidents gathered to choose a new chairman of the Board of Governors. By unanimous decision, Michael Kates was chosen to succeed the late Nate Salter as chair.

As chair of this committee, Michael now becomes chair of the Lodge's allocations committee. If anyone would like the Lodge to donate money to a particular charity, they should submit their request to Michael Kates at [katesfamily@sympatico.ca](mailto:katesfamily@sympatico.ca).



## SLATE COMMITTEE

A meeting of Forestdale Heights Lodge Board of Governors will be held  
**Sunday, January 5, 2014 at 9:30 a.m.**  
to choose a slate for executive positions for the 2014-2015 year.

This meeting is open to all past presidents of FHL.

It will be held at the home of Michael Kates, chairman of the Board of Governors  
54 Millbank Court, Thornhill

Please RSVP to (905) 669-2408 or [katesfamily@sympatico.ca](mailto:katesfamily@sympatico.ca)



## EDITOR'S DESK

Is there ever a perfect time to start a new project? Looking back now over the past few months of my life, I would definitely say, no. Change is never easy and people usually find it easier to maintain the status quo, rather than to start something new.

However, I've learned the easiest way to start something new is to put all doubts aside and dive into the project.

As a result, I now find myself involved in two new ventures; one at home and the second, with this publication.

The latter started a few months ago, when I decided that after years of putting out the same bulletin, it was time to shake things up. Of course, our executive also expressed their opinion that some new content was needed and offered some interesting suggestions.

However, I decided that the change would have to be more than simply content-related. If we were going to continue offering an interesting and vibrant newsletter, then it was necessary to say, "out with the old..."

So it began. The result is a new cover design, complete with revised banner, and a different layout utilizing different print typefaces or fonts. I would like to thank Team Kol Echad (all those who work on the bulletin every month) for their feedback. Your assistance was instrumental in helping in this revamp.

Of course, what a better time to revamp a print bulletin than in January, when Tu B'Shvat is celebrated as the New Year of the Trees.

Meanwhile, back on the homefront, we are about to start with a major project of our own. Our kitchen of over 20 years will soon be gutted and renovated from top to bottom. We started the process at the Fall Home Show where we met contractors and representatives from various home renovation companies. From there, we visited countless showrooms and talked to different people in the business, getting ideas about what we liked and disliked and obtaining quotes. Finally, we wittled down the list from four to two and, after much debate, finally settled on one contractor to do the work.

It's been a fascinating process. No doubt I may not feel the same once the actual work begins and dust is flying everywhere, but it was necessary. Our old kitchen was literally being held together by tape.

Change is never easy and definitely not for the faint of heart. However, I am reminded of the words of a famous TV character, Dr. Who, who when asked what was happening to him after a regeneration replied, "Change my dear, and not a moment too soon."

*Shalom,*

*Jeff Rosen*





**Sean Eisen**  
Director, Sales & Operations

tel: 905-479-7222 Ext. 23  
cell: 416-414-7305  
toll free: 866-671-6664  
fax: 905-479-7385  
e-mail: seisen@sensitechcanada.com

[www.sensitech.com](http://www.sensitech.com)

25 Valleywood Drive, Unit 27 • Markham, Ontario, Canada L3R 5L9

**CARL S. ZELIGER, B.A., LL.B.**

BARRISTER, SOLICITOR AND NOTARY

SUITE 510  
245 FAIRVIEW MALL DRIVE  
TORONTO, ONTARIO  
CANADA M2J 4T1

TELEPHONE: (416) 496-2600  
FAX: (416) 496-1708



**WINDSOR INSURANCE GROUP**

**Steve Midanik**

Member

Independent Financial Brokers of Canada

1136 Centre Street, Suite 208  
Thornhill, Ontario L4J 3M8

Bus: (905) 731-5382  
Fax: (905) 731-7830  
Cell: (416) 580-1836



**Dr. Darrin T. Milne B.Sc., D.C.**  
[www.injury-management.ca](http://www.injury-management.ca)  
[dr.milne@sympatco.ca](mailto:dr.milne@sympatco.ca)

10800 Yonge St., Suite 103,  
Richmond Hill, ON L4C 3E4  
**905-918-0233**

197 Finch Ave. W.,  
North York, ON M2R 1M2  
**416-221-1655**

**CA**

Tax returns  
Tax consulting  
Accounting  
Auditing  
Presentations  
Office software  
Business loans  
GET & NET

**LLOYD LINDSAY CA CMC**  
**Chartered Accountant**

**Address:** 1166 Carlo Court  
Mississauga, Ontario  
L4W 3N6

**Tel:** (905) 629-8498

**E-mail:** [lloyd@lloydlindsay.com](mailto:lloyd@lloydlindsay.com)

**Web:** [www.lloydlindsay.com](http://www.lloydlindsay.com)





# GOOD & WELFARE

## Birthdays

George Garten	January 1
Liliane Budd	January 17
Stan Udell	January 30

## Anniversary

Cyril and Vanessa Gerson	January 6
--------------------------	-----------



**ATTENTION NEW MEMBERS:** If you have not sent in your birthday and anniversary dates, we will be unable to publish the information. Please send all information to [jelijo@sympatico.ca](mailto:jelijo@sympatico.ca)

*If you have any special moments in your life that you wish to share with the Lodge, please send announcements to [jelijo@sympatico.ca](mailto:jelijo@sympatico.ca).*



**Kiva's Bagels**  
Catering • Restaurant • Bakery

**Ben Rafael**  
President

1027 Steeles Avenue West  
Toronto ON M2R 2S9  
tel: 416-663-9933  
tf: 888-663-9972  
[ben@kivasbagels.ca](mailto:ben@kivasbagels.ca) [www.kivasbagels.ca](http://www.kivasbagels.ca)

Sonny sez:



I'm here doing what I do best, serving you and loving it! Call Sonny, that's me, Sonny Langer.

Catering at:  
Darchei Noam  
Temple Kol-Ami  
Temple Emanu-El  
Shaarei-Beth El (Oakville)  
Solel Congregation (Mississauga)  
Knesset Israel (Junction)  
Beach Hebrew Institute

905-881-4356

**Sonny Langer's Caterers**

Shalom & Linda Magazzinich



**THE CHICKEN NEST**  
CATERING AND BAKING SINCE THE OLD INDIAN WAY

Glatt Kosher Restaurant - Dine in & take out  
We cater business luncheons, meetings & parties

3038 Bathurst Street (South of Lawrence)  
North York, ON M6B 4K2

Tel: 416-787-NEST (6378)  
[www.chickennest.ca](http://www.chickennest.ca)  
E-mail: [info@chickennest.ca](mailto:info@chickennest.ca)

COR 121

# PURIM 5774

On **Saturday, March 15** at 8:30 p.m.  
**Forestdale Heights** will be hosting its annual Megillah reading at 4300 Bathurst Street.

If you are coming, please RSVP to Carl Zeliger at (905) 669-2732 or e-mail [czeliger@wza.ca](mailto:czeliger@wza.ca).

*(Volunteers please arrive by 8:00 p.m.)*



## TORONTO MARATHON

**Sunday, May 4**



**Forestdale Heights Lodge** has participated in the Toronto Marathon for over eight years. Our Lodge is responsible for the first water station at Mel Lastman Square.

Arrival time at the water station is 6:00 a.m. and we are usually done by 9:00 a.m. The fun continues afterwards when we often go out for breakfast.

If you can volunteer your time for this great CVS project, please call Harvey Silver at (416) 223-0780 or email at [debbisilver@rogers.com](mailto:debbisilver@rogers.com).



## BINGO

**Tuesday, January 14**

4300 Bathurst Street

Please arrive by 7:15 p.m.

For more information,

contact Richard Kotzen, (416) 783-2737  
or [richkotzen@rogers.com](mailto:richkotzen@rogers.com)

*Future Bingo Dates: Feb. 11, March 11, April 8,  
May 13*



# WOODBINE

## Mark the Date



On Sunday, June 1, members of Forestdale Heights Lodge will head to Woodbine Racetrack for our popular annual Day at the Races. Cost \$40/person, which includes buffet lunch, programme and reserved seating. Don't miss one of FHL's premiere social outings. Watch this bulletin for further details.

## Monthly Meetings

At the December Lodge meeting, a suggestion was made to move our monthly meetings from Monday to Tuesday. As a result, we would like members to let us know their preference, if any. The choices are:

1. Monday
2. Tuesday
3. No Preference

Please send your response to [jelijo@sympatico.ca](mailto:jelijo@sympatico.ca). If you have any suggestions, please include them.



*Advertising Calendars, Corporate Clothing, Business Gifts & Sales Aids*  
**PROMOTIONAL PRODUCTS, BIG OR SMALL...**  
**WE HAVE IT ALL!**

**RICHARD KOTZEN**

**T: 416-783-2737 + F: 416-783-8483**

**E: richkotzen@rogers.com**

130 Neptune Dr, Ste 1009, Toronto, ON M6A1X5  
[www.talbot-promo.com](http://www.talbot-promo.com)



**Epicure Selections**

**SANDY GORDON**  
**Independent Consultant**

All Products Gluten Free  
To order or book a party  
416 605-0868  
[sandygordon.epicure@gmail.com](mailto:sandygordon.epicure@gmail.com)  
<http://sandygordon.mypicture.com>  
*Ask about our Unique Bridal Registry!*



**3M DRUG MART**

*"Pharmacists are not created Equal"*

**MIKE HANNA**  
Tel: 416-939-3676

105 - 7117 Bathurst Street  
Thornhill, Ont. L4J 2J6  
Tel: 905-882-4774



**BEAUTY SUPPLY CENTRE**

180 STEELES AVE. W. UNIT 26

905.881.1717

**We appreciate**

**YOUR BUSINESS!**

# CVS: SANTA CLAUS PARADE



Again this year, Ray Moscoe, past president of Forestdale Heights Lodge (aka, Raymo the Clown), marched in the 5 km Santa Claus Parade, complete with floats and worldwide coverage on Nov. 17, 2013. He was part of the “Celebrity Clown” program, which requires each clown (135 clowns in total) to donate to the Hospital for Sick Children. Luckily, the weather held out and this year, Ray was the lead clown of the parade. The parade was well received by all, including his granddaughter who was squealing with delight! (in the picture)

# CHANUKAH PARTY

Combine salmon, salads and, of course, latkes. Add a generous portion of great people and you get another perfect Lodge Chanukah Party.

Like in years past, members of Forestdale Heights Lodge and their spouses gathered in the party room at 10 Tangreen Circle for this annual social programme.

The 20 members and spouses mixed, mingled and schmoozed on Saturday, November 23, before enjoying the delicious dinner. The hardest decision of the evening we had to make was whether to top our latkes with applesauce or sour cream.

After dinner, everyone sat back, enjoyed some amazing desserts, and continued chatting.

When the evening finally concluded one thing was evident: the party had been a total success.

Special thanks to George and Charlene Garten for once again organizing and hosting this year's party, as well as Harvey and Debbi Silver, Ruth Pupko and Barry and Sandy Gordon for their assistance.

It was a great end to our 2013 social programmes and everyone present is looking forward to another successful year for the Lodge.

*Jeff Rosen*





# CHANUKAH PARTY



More photos can be found on our website at [kolechad.ca/chanukah13.htm](http://kolechad.ca/chanukah13.htm)  
All photos are property of FHL and can not be reproduced without permission of Jeff Rosen





# TU B'SHVAT RECIPES

## Mushroom Barley Soup

Season salt and marrow bones give this soup an exceptionally rich flavor. Whole barley is to pearled barley what whole wheat flour is to refined white flour, so use whole barley if you can. It's available in most stores and looks similar to oats.

Sautee lightly: 2 lb mushrooms, sliced  
2 garlic cloves, sliced  
2-3 onions, diced

Fill an 8 qt. pot halfway with water.

Add two pieces flanken or 4 marrow bones.

Bring to a boil, then simmer on low flame for two hours.

Add: 6 sliced carrots

2 stalks of celery

Dash of garlic powder

2 tsp season salt or to taste

Cup of raw whole barley

Sauteed vegetables from above.

Simmer an additional ½ hour on medium flame.



## Olive-Crusted Chicken

- 1 cup pitted kalamata olives
- 1 cup green olives
- 12 oil-cured olives, pitted
- 1 tablespoon freshly chopped parsley leaves
- 1 tablespoon drained capers
- 1 tablespoon fresh thyme leaves
- 8 boneless, skinless chicken breast halves
- Salt and freshly ground black pepper

Preheat oven to 400 degrees. Coat a large baking sheet with cooking spray. In a blender or food processor, combine all the olives, parsley, capers, and thyme. Process until mixture forms a thick paste. Place

chicken on prepared baking sheet.

Top chicken pieces with the olive tapenade. Sprinkle with salt and pepper. Roast chicken for 25 minutes - until chicken is cooked through and golden brown and tender.

- [Aish.com](http://Aish.com)



# ALL STEW

## Cathy's (my wife) "Famous" Chocolate Chip Cookies

**T**hese cookies are extremely good. Whenever Cathy makes them, they are a big hit and are gone.

1 cup white sugar  
1 cup brown sugar  
1  $\frac{1}{3}$  cup butter  
2 eggs

3  $\frac{1}{2}$  cups of flour  
1 tsp. baking soda  
1 tsp. salt  
12 oz. chocolate chips

Preheat oven to 375 degrees. Line two large cookie sheets with parchment paper.

Shape rounded tablespoons of cookie dough into small balls. Place dough onto cookie sheets leaving at least 2 inches between cookies. Bake for 8 mins.

This is Cathy's recipe so for copyright reasons she must be given credit whenever they are served!!!!

Enjoy,

*Stewart Indig*



# HEALTH IN HARMONY



With a group of 26 eager and adventurous souls, we commanded our way across China in October 2013 for over three weeks. We toured approximately 10 cities and villages, on planes, trains and bus coach, as well as cruised on the Yangtze River. While it was a rigorous trip, Ray and I were in awe of the powerful advances that China has made in the past 20 years.

Five million modern cars are on the road, driven by seemingly wild and crazy people darting in and out of traffic - even cutting off buses! Those on motorcycles, (with no helmets), sometimes two, three or even four on one motorcycle - including children, didn't seem to flinch. Just 15 short years ago bicycles were the main form of transportation. This major advancement of "the car" also has its problems – cities filled with smog and pollution. Also, coal production with little pollution controls adds to serious haze and polluted air. However, the era of ruling Emperors along with their hundreds of concubines is over as a modern style China is emerging!

Beautiful dams, spectacular bridges, the ever winding Wall of China, and in many cities, numerous subway lines (that were built in a third of the time of our own) grace the land. The famous Wall was packed with tourists and it was truly a thrill to be walking on it.

Condos soaring 40 stories tall can be seen as far as the eye can see to house the 1.3 billion

people that work and live in mainland China. Mostly, the Chinese do not own the land, only their condo. The government owns the land. Shanghai was a feast for the eyes with unique and spectacular buildings and extravagant condos, mostly owned by foreigners, lit up like diamonds.

**Continued on  
next page**



Appearances can be deceiving as we witnessed some skirmishes at Tiananmen Square - a young man taunting (and assaulting) a policeman, yelling "Freedom" and an elderly couple throwing leaflets and shouting about their regime. The leaflets were quickly picked up by security guards. These brazen, confronting individuals were rapidly whisked away by officials.

Hong Kong, a stronghold of business, and Macau (both where we had to present passports) are two areas that are more 'capitalistic.' Macau doubles for Las Vegas with 37 casinos, something not allowed in mainland China.

The children are beautiful, waving their little hands at the urging of their parents or grandmothers and many people stopped to take our pictures. Very fit, older women dressed in colourful, silk pyjamas perform tai chi, their ancient exercise and dance in the parks. While the cities were a dichotomy of the old and new - open fish and meat markets on the streets beside fancy hotels, the country-side was more traditional, yet picturesque. In rural China we dodged roosters walking aimlessly in towns adjacent to rice fields. Water buffalo, enormous creatures, wander around freely. I even spotted two walking on the kids' basketball court!

Thankfully, we arrived home safely, beyond tired with jet-lag. However, I wouldn't have missed this trip for the world.

*Rosalie Moscoe*



**416-398-6777**

3915 KEELE Street  
South of Finch

**416-292-6400**

8 PROGRESS AVE.  
KENNEDY South of 401  
Beside Pita Pit

**905-436-3730**

1280 SIMCOE STREET  
OSHAWA, ONTARIO  
Across from Millwork  
Simcoe & Taunton

Contact: VITO



**MAPLE AUTO BODY**

1393569 Ontario Limited  
Collision - Spray Painting

Repairs to All Makes - First Class Workmanship

49 Costa Rd. & Hwy. #7  
Concord, Ontario L4K 1M9

Tel: 905-669-2066  
Fax: 905-669-2055



# AS I SEE IT



The words “hero” and “icon” are overused in today’s society. My students often refer to modern celebrities as heroes whose characteristics, for some reason, ought to be emulated. They lionize these individuals for their fashion sense, their Beverley Hills lifestyle, good looks and in some cases, their actual talents. I can understand appreciating someone’s G-d-given aptitude, but I can’t understand the weak-in-the-knees “Beatlemania” frenzy that seems to plague teenage girls in particular.

As the due date for the submission of the January *As I See It* approaches, the news is filled with stories marking the passing of Nelson Rolihlahla Mandela. For most of the world, Mandela was the embodiment of justice, forgiveness and hope. My young pupils know little about this man, and any explanation requires a vocabulary lesson in terms such as “apartheid,” “Robben Island,” and “townships.”

What I have come to admire most about this man was his ability to forgive, not forget, the atrocities that were carried out by the South African government. Mandela could be excoriated for loathing the white minority, but he didn’t. Instead, he went out of his way to aid

his country in the healing process after he was elected president in 1994. Exercising personal forgiveness, Mandela met with the widow of former South African prime minister, Hendrik Frensch Verwoerd, the architect of apartheid. Mandela sought national reconciliation and cooperation amongst all of its citizens be they black or white.

Mandela’s legacy places him amongst those who are truly considered iconic: Martin Luther King Jr., Ghandi and Lincoln.

When my 4-year-old son was recently asked by his teacher, following the retelling of the Chanukah narrative who he thought was his hero, he answered, “My Mummy and Daddy because they take care of me.” I don’t consider myself a hero, or someone to emulate, but so long as he does, (and I am well aware that this perception will not last the teenage years,) I must try to live up to his expectations. I need to aspire to model Mandela’s legacy.

**Continued on next page**



Nelson Mandela [Wikimedia Commons/ [South Africa The Good News](#) photo]



As 2013 draws to a close, we enumerate our wishes and goals for the coming year. One of my goals is to uphold Mandela's vision of creating a more just, hopeful and peaceful world. I hope to garner more patience and compassion, even if it means listening to my students use the words "icon" or "hero" to describe the latest Hollywood celebrity.

*Marc Kates*

## FHL COMMUNICATIONS

As part of our commitment to remain in contact with all Lodge members, Kol Echad publishes this newsletter 10 times a year. It is mailed out to all members unless otherwise directed. Members also have the option of opting out of the mailed print edition and may choose to download the identical PDF version, which is available on our website, [www.kolechad.ca](http://www.kolechad.ca). Most material in the print and PDF versions also appears on the website. If you do not wish to receive the printed bulletin, please tell FHL President Harvey Silver. He can be reached at [debbisilver@rogers.com](mailto:debbisilver@rogers.com).

**CENTRE STREET DELI**



CATERING FOR ALL OCCASIONS  
"PARTY SANDWICHES OUR SPECIALTY"

**905-731-8037**  
7 AM - 8 PM

1136 CENTRE STREET  
THORNHILL, ONTARIO L4J 3M8

[WWW.CENTRESTREETDELI.COM](http://WWW.CENTRESTREETDELI.COM)

You might not be able to do everything at once, but you can do everything in one place.

- Digital Printing
- Copying
- Document Finishing
- Mailbox Rentals
- Courier Services
- Packaging Supplies and Services
- Computer and Cellular Repairs



Michael Pacter  
The UPS Store  
5 - 18 Ringwood Dr.  
Stouffville, ON L4A 0N2  
Tel.: 905 642-5700  
Fax: 905 642-6700  
Web: [www.theupsstore.ca/383](http://www.theupsstore.ca/383)  
E-mail: [store383@theupsstore.ca](mailto:store383@theupsstore.ca)

**The UPS Store®**



# FORESTDALE FUNNIES

Three guys are about to be executed and they are asked what they wish to have for their last meal.

The Italian responds, pepperoni pizza, which he is served and then executed.

The Frenchman requests a filet mignon, which he is served and then executed.

The Jewish guy requests a plate of strawberries.

“STRAWBERRIES ????” asks the executioner.... “But they are out of season!”

“So,” he responds, “I’ll wait . . . .”

\* \* \*

A Jewish young adult loved music and loved to sing. He wanted to be famous and decided that, hip-hop music is very popular with his generation. He felt that he needed the perfect hip-hop moniker. Well, Ice-T is taken, and Ice-Cube is unavailable. Finally, he had the name he wanted... Ice-Berg!

\* \* \*

A rabbi approaches a guest in shul and says, “I’d like to give you an aliyah. What is your name?”

The man answers, “Esther ben Moshe.”

The rabbi says, “No, I need YOUR name.”

“It’s Esther ben Moshe,” the man says.

“How can that be your name?” asks the rabbi.

The man answers, “I’ve been having financial problems, so now, everything is in my wife’s name.”

\* \* \*

An older couple was lying in bed one night. The husband was falling asleep but the wife was in a romantic mood and wanted to talk.

She said, “You used to hold my hand when we were courting.”

Wearily he reached across, held her hand for a second and tried to get back to sleep.

A few moments later she said: “Then you used to kiss me.”

Mildly irritated, he reached across, gave her a peck on the cheek and settled down to sleep.

Thirty seconds later she said: “Then you used to bite my Neck.”

Angrily, he threw back the bedclothes and got out of bed.

“Where are you going?” she asked.

“To get my teeth!”

# JEWISH TRIVIA



## Original Birth Names of Jewish Performers:

Woody Allen – Alan Stewart Koenigsberg  
June Allyson - Ella Geisman  
Lauren Bacall - Betty Joan Perske  
Jack Benny - Benjamin Ku-

belsky

Irving Berlin - Israel Baline  
Milton Berle - Milton Berlinger  
Joey Bishop - Joseph Gottlieb  
Karen Black - Karen Blanche Ziegler  
Victor Borge - Borge Rosenbaum  
Fanny Brice - Fanny Borach  
Mel Brooks - Melvin Kaminsky  
George Burns - Nathan Birnbaum  
Eddie Cantor - Edward Israel Iskowitz  
Jeff Chandler - Ira Grossel  
Lee J. Cobb - Amos Jacob  
Tony Curtis - Bernard Schwartz  
Rodney Dangerfield - Jacob Cohen  
Kirk Douglas - Issue Danielovich Demsky  
Melvyn Douglas - Melvyn Hesselberg  
Bob Dylan - Bobby Zimmerman

Paulette Goddard - Marion Levy  
Lee Grant - Lyova Geisman  
Elliot Gould - Elliot Goldstein  
Judy Holliday - Judith Tuvim  
Al Jolson - Asa Yoelson  
Danny Kaye - David Daniel Kaminsky  
Michael Landon - Michael Orowitz  
Steve Lawrence - Sidney Leibowitz  
Jerry Lewis -- Joseph Levitch  
Peter Lorre - Lazlo Lowenstein  
Elaine May - Elaine Berlin  
Yves Montand - Ivo Levy  
Mike Nichols - Michael Peschkowsky  
Joan Rivers - Joan Molinsky  
Edward G. Robinson - Emanuel Goldenberg  
Jane Seymour - Joyce Penelope Frankenburg  
Simone Signoret - Simone-Henriette Kaminker  
Beverly Sills - Belle Silverman  
Sophie Tucker - Sophia Kalish  
Gene Wilder - Gerald Silberman



# LOOKING BACK

*From the files of Kol Echad*

JANUARY 2004

On Saturday November 22, 50 plus people attended **The Best of Broadway** - a wonderful evening of entertainment at 15 Hove. The star of the show was **Gregory Cross**. He has a magnificent baritone voice. He has appeared in musicals, theatre, television and opera across Canada and Great Britain. For five years he played the role of "Monsieur Firmin" in the Toronto production of *Phantom of the Opera*.

He appeared in London's West End production of *Miss Saigon*; and he has appeared in TV shows like *Due South*, *Wind at my Back* and *The Twilight Zone*. He also finds time to teach singing at Sheridan College and perform concerts across the country with orchestras and choirs.

He had us enthralled. He encouraged us to sing along with him. What a performer! What a voice! He has a huge repertoire, ranging from oratorios and operas to Broadway. I could have listened to him all night as he sang my favourite songs from Broadway shows like *State Fair*, *Oklahoma*, *Carousel*, *Man of La Mancha*, *Camelot*, *Porgy & Bess*, *Fiddler on the Roof*, to name but a few. Many of us bought his CD and I have not stopped playing it.

Everyone had a good time. It was just the tonic we needed.



*If there is something you would like to see added to Kol Echad, please let your executive know. Remember, this is YOUR bulletin!*



# Rosalie Moscoe

RHN, RNCP



## \* **Nutritional Consulting:**

By Phone or Skype or In Person:

- Evaluation and recommendations to build health and wellness
- Food plans, recipes and snacks
- Weight Loss Coaching to get you where you want to be

## \* **Stress-Relief Private Coaching**

(4 – 6 Sessions); By Phone or Skype

- Overcommitment, Positive

Personal Power, Relaxation Techniques and Nutrition Tips

\* **Speaker** on Stress Relief and Boosted Nutrition for the workplace or conferences.

\* **Author** of print, e-book and DVD video on Stress Relief

\* **Author** of CD, Food & Mood: A Love/Hate Relationship

\* **Special Discount** for all B'nai Brith and Forestdale Lodge members – **25% off** all products and services.

E-mail: [Rosalie@healthinharmony.com](mailto:Rosalie@healthinharmony.com)

Visit: [www.healthinharmony.com](http://www.healthinharmony.com)

Blog: [www.healthinharmony.com/blog](http://www.healthinharmony.com/blog)

PH: (416) 653-0077





T. 905.761.9022

F. 905.761.9023

[info@simchawine.com](mailto:info@simchawine.com)

Exclusive Agents Representing Wines From 9 Countries

Argentina | Australia | Chile | France  
Israel | Italy | Portugal | South Africa | Spain