

Forestdale Heights Lodge, B'nai Brith Canada

# KOLECHAD

April 2019

Adar II/Nisan 5779

HAPPY  
PESACH

CHAG  
SAMEACH



Volume 17, No 8  
אדר ב' תשע"ט

A message to Forestdale  
Heights Lodge Members

Wishing you and your family a  
joyous and blessed Passover



**Keith Irish**

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# PRESIDENT'S PEN

Stewart Indig



**B**reaking news...Upper Canada Lodge is set to pack it in, to close its doors. They are the first Lodge to fold since I have been involved with B'nai Brith Canada and Forestdale Height Lodge. Their members are older and do not want to attend anything. In fact, I was told that five members are changing over from lodge to general BBC membership. They are doing this as per their agreement for cemetery plot privileges.

So, my question is how do we gain new members or, better yet, keep the ones we have. I am not referring to Forestdale Heights but to all the lodges. For my part, I plan on working with Judy Foldes, the chief operating officer of B'nai Brith Canada. She threw out some ideas at me last month and I will bring them up at the April meeting. The worst that can happen is that nothing will change. The best is that we pick up a new member or two. I am for that.



The big problem that the lodges have is that in their hay days Jews were not welcome in many places. They started their own club known today as B'nai Brith. Sports leagues were created and lodge memberships grew even further. Each lodge had around 200 members. People that joined in the 60s and 70s are still members today. The trouble is they are passing away or too tired to become engaged. Unfortunately, there is no feeder organization and the young people of today are busy with their own lives, with work, and family commitments. They are unlike their parents. My friends, times have changed.

The only way to continue is to grow. We need to grow in numbers. So, as president, I feel that we should grow our numbers any way possible. I do not want to see Forestdale Heights Lodge go the way of Upper Canada Lodge. I will do everything in my power to help it grow. We were, and still are, a great Lodge.

# KOL ECHAD

Kol Echad is the official publication of Forestdale Heights Lodge, B'nai Brith Canada.

It is published 10 times a year.

We welcome all articles and letters from members of the Lodge and their spouses.

All material submitted is subject to editing.

The editor may consult with members of the bulletin committee regarding suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writers and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

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## AT A GLANCE

April 8	Elections, Speaker, Dinner Meeting
May 5	Toronto Goodlife Marathon
May 13	Dinner Meeting
June 17	Dinner Meeting
July 7	52 <sup>nd</sup> Annual Installation

*All Dates Subject to Change*

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\*\*\*

## COVER ART

It's that time of the year again, Pesach or Passover, which begins on Friday, April 19 with the first Seder, and concludes on Saturday, April 27.  
*Chag Sameach!*

## TRIVIA

April's birthstone is the diamond. The birth flower is typically listed as either the Daisy (*Bellis perennis*) or the Sweet Pea. The zodiac signs for the month of April are Aries (until April 20) and Taurus (April 21 onwards).



# EDITOR'S DESK

Jeff Rosen



It's not too often that the end of one column leads into the creation of a second. However, that is just what happened last month as I finished writing about my initial journey into the world of journalism. I had found the college paper with my first byline, scanned the document and inserted it into the March issue. That was to be the end of the story.

However, one good tale often leads to another. That was definitely the case this time around. My family often says that I hate to part with anything and to that charge I have to plead "guilty." I really am a pack rat. Everything has a memory attached to it; there is a story behind everything stored in our basement and our garage.

Finding my first column led me in search of other records packed away. Despite the frigid winter temperatures, I rummaged through everything and found several opinion pieces written back in the 1970s and 1980s when I was a student at the University of Toronto and Sheridan College. While some were better than others, (in my biased opinion) all captured moments in time.

You may wonder, what do you do with old printed material? For me, there was only one answer, which was to place everything on my personal website. It took a few days to scan, organize and upload all the material, but it really was a labour of love.

That was it. What I had done was to scratch that itch, pull on the scab, that just wouldn't go away. I wanted... no needed... to go further into my past, to find, chronicle and record everything.

The next step was the numerous letters of recommendation received while working at *The CJN*. Of course, they all had to be scanned and uploaded. Then came my print portfolio of key stories written back in the 1980s and 1990s.

Reading them over brought back memories of those times, who I was and what was going on in my life. That led to me uploading several non-print paraphernalia, such as media passes and photos, which normally would mean nothing to anyone but me. However, given the unique forum, I felt I should share at least one tale.

**Continued on next page**

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The time was April 1982, and I was a freelance reporter for *The CJN*. One of my first assignments was to interview Agnes Adachi, a woman who helped Raoul Wallenberg in 1944. As well as writing a story, I also took photos. However, when the article appeared in the May 6, 1982 edition, there were no photos with the story. I inquired, but no one seemed to know what happened to the film I submitted. That was the end of the story. I moved on and forgot about the photographs.

Flash forward now two years to 1984. By then, I was a staff reporter working at one of *The CJN*'s computer stations. I happened to open a desk drawer and there was the contact sheet for my photos. It had sat there, undisturbed, for over two years.

To this day, the missing photos have remained a mystery. I'm just glad I have the contact sheet, which helps me remember what happened back then when the world was a different place.

Oh yes, if you are interested in exploring the past from 1977 to the present, go to [journalism.jelijo.ca/material.htm](http://journalism.jelijo.ca/material.htm).

Be well.

\*\*\*

**CORRECTION:** Before we sign off, I want to apologize for any confusion regarding the March issue. While the cover says "Volume 17, Issue 9," it was only Issue 7. I just got a little ahead of myself, wanting to bring the warm weather in a bit earlier.



# COMING UP

Join us on Monday, April 8, when our guest speaker will be Mitch Unger, president of Safeguard Protection Systems, who will address the timely issue of home security.

Unger entered the security field in 1983. He worked alongside the biggest names in security in his early years and developed a vast knowledge in all aspects of security, from alarms to video to lighting. With an engineering background, Unger also started custom designing the electronics and systems for special projects used by Canadian and American government agencies, as well as for businesses, homes and large complexes. He has lent his expertise to the Canadian military at CFB North Bay, the Ontario Securities Commission and venues like the Pantages Theatre.

Unger's 35 plus years' experience in the field has helped him design wireless surveillance equipment used in many large corporations as well as in the elevators of the CN Tower, and many office complexes in Canada, the United States, and around the world.

With this experience on the technology end and having worked with law enforcement in the development of these technologies, he has a unique perspective and looks at securing people and property a little differently. Sometimes, something as simple as trimming a bush and turning on a light can secure a home or business.



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## CVS – BLUE DOOR SHELTERS

Blue Door Shelters provides safe, supportive emergency shelter and service for people who are homeless or at risk. Forestdale Heights Lodge remains committed to assisting this organization. We are asking members to bring toiletries when they come to monthly meetings.

A decorative wavy line at the bottom of the page.

# PURIM PROGRAMME



The location was (slightly) different, but the story remained the same as Forestdale Heights Lodge held its annual Purim programme at the B'nai Brith Seniors' Residence on Wednesday, March 20.

This year's programme was held in the craft room at 4300 Bathurst Street, instead of in the Pearl Gladman Social Hall on the main floor. Perhaps the

relocation to the basement was the reason for a smaller turnout than last year. On the other hand, it could have been the lack of proper signage to let residents know the programme was taking place on erev Purim.

In the end, the Lodge concluded another successful CVS programme as about 25 guests listened attentively as Rabbi Jay Kelman and his sons beautifully recited the Megillah.

At the conclusion of the traditional reading, the six Lodge members present served up delicious treats, including hamentashen, clementines, chips and drinks.

On hand to help serve up delicacies were Stewart Indigo, Ruth Pupko, Harvey and Debbi Silver, Lisa Rosen and me. Although programme leader, Carl Zeliger, was absent for the first time this year, we thank him for coordinating the evening.

A special thank you to Rabbi Jay Kelman and his family for continuing to support our endeavour.

***Jeff Rosen***





# PURIM PROGRAMME



# PURIM PROGRAMME

More photos can be found on our website at  
<http://kolechad.ca/purim19.htm>.





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# NOMINATIONS

A meeting of Forestdale Heights Lodge's Slate Committee was convened on Wednesday, January 16 at 11 Townsgate #315. The following individuals were nominated at our February meeting. Elections will be held at our April 8 meeting.

President:	Stewart Indig
Senior Vice-President:	Ruth Pupko
Vice-President:	Harvey Silver
Treasurer:	Debbi Silver
Recording Secretary:	Eddie Arkin
Financial Secretary:	Jeff Rosen
Chaplain:	Harvey Silver (un-elected position)



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## GOOD & WELFARE

If you have any special moments in your life (or the lives of your children and grandchildren) that you wish to share with the Lodge, please send announcements to [jelijo@sympatico.ca](mailto:jelijo@sympatico.ca).

### Birthday

Elizabeth Bloom

April 4



\* \* \*

**FHL extends condolences to Michael and Carol Pacter on the loss of her mother, Bertha Giverts of West Palm Beach, Florida.**

A decorative graphic at the bottom of the page consisting of a thick, black, wavy line that curves across the width of the page.





# TALKING POINTS

Debbi Silver

This is a fabulous Passover recipe. I make at least four of them each year.

## Raspberry Jam Sponge Cake

### Ingredients

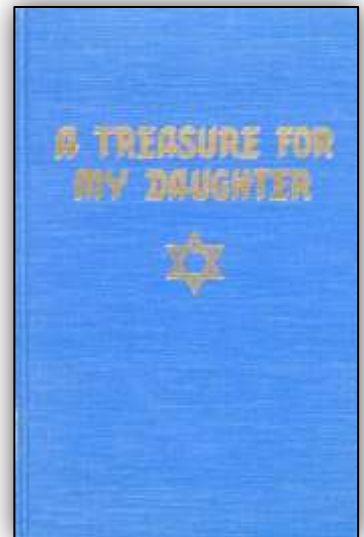
8 eggs separated  
1 ½ cup sugar  
1 lemon (juice & rind)  
2 tbsp. Raspberry jam  
2 tbsp. Crushed walnuts (optional)  
1 cup cake meal (or ½ cup cake meal and  
½ cup potato flour)  
¼ tsp. salt

### Method:

Beat egg yolks and sugar together until very light; add lemon, jam, walnuts & cake meal. Add salt to egg whites, beat stiff and fold into mixture.  
Put into a round tube pan (removal tube).  
Bake at 325 degrees for 1 hour.  
Turn upside down until cool.

Delicious!

*Courtesy of "A Treasure for My Daughter" – Montreal, Quebec*





# Happy Passover Chag Pesach Sameach!

חג פסח שמח



Michael Levitt

MP for York Centre

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Marco Mendicino

MP for Eglinton-Lawrence

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[marco.mendicino@parl.gc.ca](mailto:marco.mendicino@parl.gc.ca)



A happy and healthy Passover to all  
Cathy & Stewart Indig & Family

---

We would like to wish all members of FHL a very happy Pesach  
Jeff, Lisa and Jordana Rosen

---

Wishing everyone peace, good health and happiness  
Chag Sameach  
The Silver Family  
Debbi, Harvey, Lisa, Mark, Shawna, Zoe, Jaime and Ezra

---



Dear Forestdale Heights Lodge sisters and brothers,  
We wish all of you a happy, healthy Passover. May you enjoy the essence  
of the holiday as well as your time with your family and other loved ones.  
Ray & Rosalie Moscoe and family

---

Eddie & Marilyn Arkin want to wish all the members of Forestdale Heights Lodge  
and their families a happy Passover.

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To all Lodge members and friends, we wish you a happy and  
healthy Passover  
Chag Sameach!  
Mark & Marla Spergel

---



We wish everyone a Happy, Healthy Pesach  
Ivan & Elizabeth Bloom

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Wishing all members and their families a happy, healthy and meaningful Passover holiday  
Carl, Debby, Rachel, Doron and Erez, Rebecca and Daniel & Josh Zeliger

---

Wishing all members and their families a healthy and happy Passover  
Ruth and Aaron Pupko

---



Happy Passover  
The Ohana family

---

Terry Goldfarb & Stan Horowitz would like to wish  
their Forestdale Heights family a joyous Passover

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The Kates Family extends to its FHL family its best wishes for a חג פסח כשר ושמח  
Marc, Rachel, Seth, Eve and Joelle

---

Passover Greetings is a fundraising programme for Forestdale Heights Lodge

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February 14 2019

Mr. Harvey Silver

Dear Mr. Silver

Thank you for your very kind and generous donation of clothes to Blue Door Shelters!

Many people experience homelessness in York Region and many more lack a secure roof over their heads. Homelessness can happen to anyone.

For more than 35 years, Blue Door Shelters has opened doors to families, youth, women and men without a safe place to stay. Each year, over 900 people from babies to seniors stay in one of our three shelters, yet our hard work and our best efforts are never enough in reducing the impact of homelessness. Blue Door Shelters believes everyone deserves a home. It's a basic right and necessary for anyone to have a chance to live their life with dignity, autonomy and self-determination.

We truly depend on the support of the community to enable us to continue our work providing valuable services to vulnerable communities. Without the support from people like you we simply could not provide our clients with the much needed essential items they so urgently need. Please accept our sincere appreciation for the generosity you have conveyed with your donation of goods.

Please visit our website at [www.bluedoorshelters.ca](http://www.bluedoorshelters.ca) or our Facebook page [www.facebook.com/bluedoorshelters](https://www.facebook.com/bluedoorshelters) to follow our work. We thank you for helping to reduce the impact of homelessness!

Yours truly,

Emmy Kelly  
Business Director



# COMMUNICATIONS



**Michael Mostyn**

@MichaelMostyn

Following



Vile attack against the Muslim community. Our sympathies to the grieving families and all those affected by this horror.

**B'nai Brith Canada** @bnaibrithcanada

Absolutely despicable attack in New Zealand. Standing in solidarity with the global Muslim community and everyone affected by this horrendous tragedy.

#ChristchurchMosqueAttack [twitter.com/ap/status/1106...](https://twitter.com/ap/status/1106...)

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# HARMONY

Rosalie Moscoe



Some time ago, I wrote a column for Kol Echad about Computer Depression. It was about how computers can give us stress, big time, and I proceeded to give examples of how to handle that stress. However, I never could have believed how being online, trying to buy (or sell) things with the large company starting with an A and ending with an N, can literally drive you crazy.

It's like trying to navigate a huge maze of clicks, URLs, and pages of unwanted information. Searching for a phone number to actually speak to a human is truly a fiasco. However, I've learned some tricks after the past few days of wasting precious time in Florida on the phone in front of my computer. Firstly, one has to be lucky to get a person you can understand on the line! If not, call back until you get one! Hey, we all came from immigrant families, however, I don't think too many of our grandparents were given a job at customer service!



Today I was given two phone numbers to call for another department. Neither of those numbers was valid. Then, I was given the wrong information on two subsequent calls, which cost me two more hours on the phone! Those two people dropped the call when they were trying to find more information. My head was spinning! However, I must give one of them credit as the agent e-mailed me – two hours later – that their team will be in touch with me...ho hum. It seems others I speak to have had similar problems.

Well, my troubles with the company starting with an A and ending with N still are not resolved. However, I am calmer, take deep breaths and don't yell at their customer service people anymore. I'm actually laughing at the whole drama unfolding before my eyes. I am hoping and somewhat believing in my heart that things will get resolved. When? I don't know! That's the whole point. Keep calm, try your best to be kind and know that there are other more important things to get upset about. This too shall pass! OY!

Contact: VITO



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# AS I SEE IT

Marc Kates



It's now March, and the “march” of time goes on. It is hard to believe how quickly time passes. (I never thought that I would say those words — only people of my parents' generation comment about the fleeting nature of time.) Planning our February ski trip began last May, and now our trip to Whistler is behind us. Our daughter has been practising for her Shabbat ceremony for what seemed like months, and now that too is in the past.

We try desperately to speed some things up, and slow other things down. We don't dare talk of the upcoming “P” holiday until the first “P” holiday is behind us. My kids are excited about summer camp, yet that is months away. Our August holiday is being planned, but there are many things that have to come before that. We want to wish away the cold winter, but the winter brings with it skiing, tobogganing, and hot chocolate. We are excited about our “new” house, and the renovation is certainly coming along.

Sometimes, we are surprised by time. Professionally, I was disappointed that it took the public school board exactly two months to set up an intake meeting and get my paperwork in order, but it also took exactly two months for me to be offered a long-term occasional position with the Board, something that normally can take the better part of a year. I am shocked that my journey with the public school board has been moving at a steady pace, and that I will be working at a school very close to home.

Before I know it, Jeff will be hounding me for next month's column, and I'll be knee-deep in “P” holiday preparations. The tug of war between wanting time to speed up, and wanting it to slow down is just part of the human condition. We humans have a fickle relationship with time, and all of us are caught in this bind. The lesson, I suppose, is to take in the meaningful moments in our lives, and make moments meaningful. It's certainly not a new message, but a valuable one worth repeating.



# FORESTDALE FUNNIES

TEACHER: Glenn, how do you spell 'crocodile?'  
GLENN: K-R-O-K-O-D-I-A-L'  
TEACHER: No, that's wrong  
GLENN: Maybe it is wrong, but you asked me how I spell it.  
(I love this child.)

TEACHER: Donald, what is the chemical formula for water?  
DONALD: H I J K L M N O.  
TEACHER: What are you talking about?  
DONALD: Yesterday you said it's H to O.



Teacher: How old is your father?  
Kid: He is 6 years.  
Teacher: What? How is this possible?  
Kid: He became father only when I was born.  
(Logic!! Children are quick and always speak their minds.)

TEACHER: Maria, go to the map and find North America.  
MARIA: Here it is.  
TEACHER: Correct. Now, Class, who discovered America?  
CLASS: Maria.



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# CVS/TORONTO MARATHON

**GoodLife  
FITNESS  
TORONTO  
MARATHON**



**Sunday, May 5**

Forestdale Heights Lodge has participated in the Goodlife Toronto Marathon for close to a decade.

Our Lodge is responsible for the first water station. The route for 2019 has been slightly modified. **As a result, our new checkpoint will be near Yonge and Harlandale, just north of**

**Sheppard.**

Arrival time at the water station is 6:00 a.m. and we are usually done by 9:00 a.m. The fun continues afterwards when we often go out for breakfast.

If you can volunteer your time for this great CVS project, please call Harvey Silver at (416) 223-0780 or email at [debbisilver@rogers.com](mailto:debbisilver@rogers.com).



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