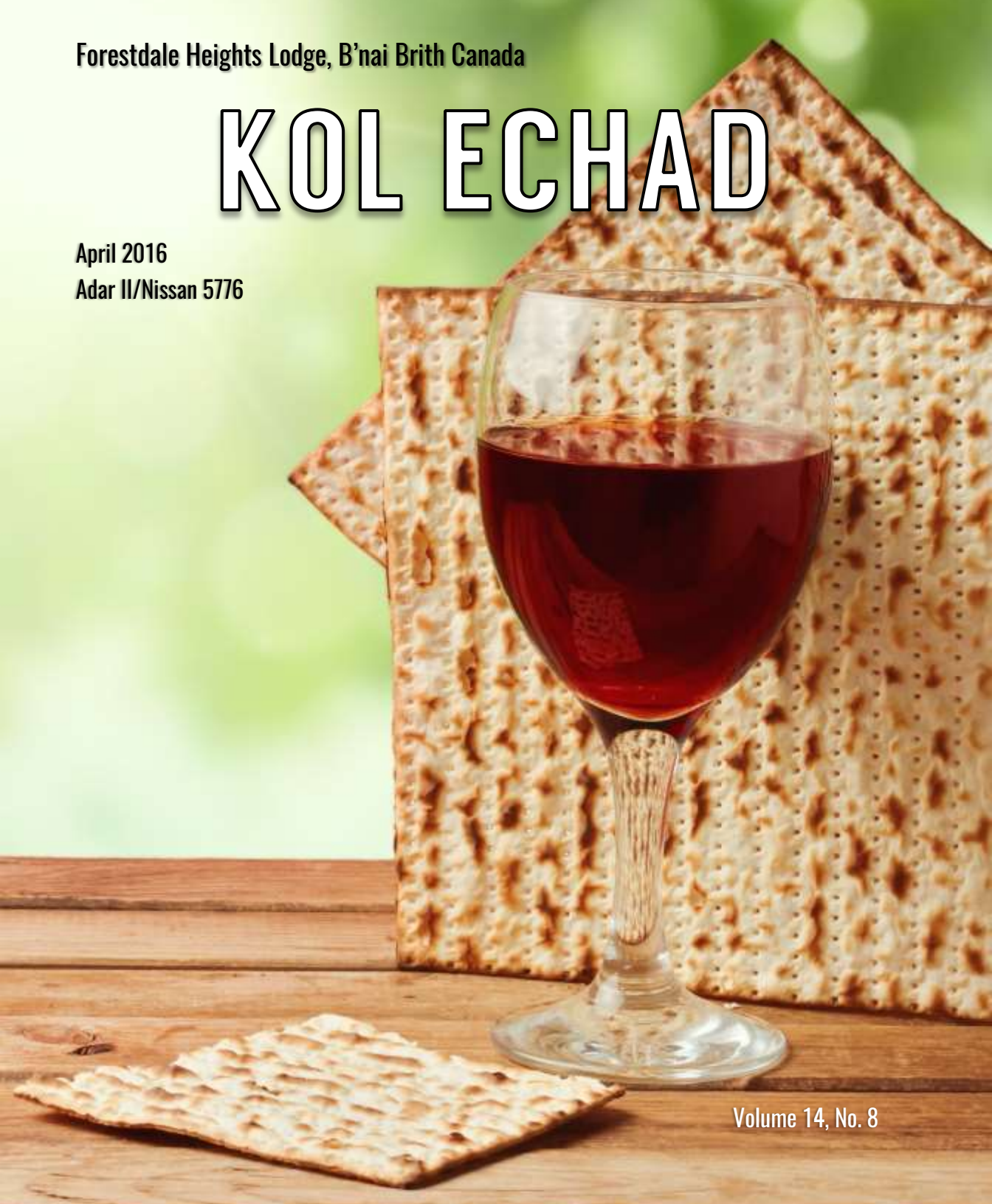


Forestdale Heights Lodge, B'nai Brith Canada

KOL ECHAD

April 2016

Adar II/Nissan 5776



Volume 14, No. 8

COVER ART

It's time to get ready for Pesach. The first seder will take place this year on Friday, April 22.



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KOL ECHAD

Kol Echad is the official publication of Forest-dale Heights Lodge, B'nai Brith Canada. It is also an associate member of the American Jewish Press Association.

It is published 10 times a year.

We welcome all articles and letters from members of the Lodge and their spouses.

All material submitted is subject to editing.

The editor may consult with members of the bulletin committee regarding suitability and editorial decisions.

All opinions expressed in Kol Echad are those of the individual writers and do not reflect the views of either Forestdale Heights Lodge or B'nai Brith Canada.

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Jeff Rosen

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Marc Kates, Lisa Rosen
Debbi Silver

Printing/Mailing
Aaron Pacter
Michael Pacter

AT A GLANCE

| | |
|----------|----------------|
| April 11 | Dinner Meeting |
| April 12 | Bingo |
| May 10 | Bingo |
| May 15 | Installation |
| June 6 | Dinner Meeting |

Dinner at 6:30; Meeting at 7:15

Dinner Charge: \$10 members/\$15 non-members & guests

If you plan to attend, you must RSVP Albert Ohana at saloniaff@rogers.com or call (905) 597-1999

DEADLINE FOR ALL ISSUES IS 10TH OF THE MONTH UNLESS OTHERWISE CHANGED



BINGO

Our next Bingo will be held on Tuesday, April 12.

If you would like to help out, please contact Richard Kotzen (416) 783-2737 or richkotzen@rogers.com



NOTICE:

**OUR APRIL MEETING
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EDITOR'S DESK

Jeff Rosen



Finally, it's over. After months of planning and weeks of living in a mess, our kitchen renovation is over. While the result is a beautiful new kitchen, I really hope never to go through that process again.

The project started last October when we attended the Toronto Home Show. It ended on February 24. In between, we found ourselves running around the city, talking to renovators and contractors, and learning more than we ever had known about backsplashes, sinks, cabinets and counters. We finally took a deep breath and plunged headlong into the unknown, signing on with Mark Nazar and his company, The Art of Renovation.

I have to say, we made the right choice. Nazar was there every step of the way and kept us in the loop about everything that was taking place. If he said, he would be at our home at a certain time, he was there, or we received a call at that allotted time letting us know where he was and when he would be at our house.

Anyways, I've probably gotten ahead of myself.

I guess it's true what they say about timing because it really is everything. Since we signed our deal just a month before the holiday period, it took longer than expected for our new cabinets to arrive. Mid-January finally arrived and it was time to say goodbye to the old kitchen as demolition commenced. A week later, the new kitchen arrived, and, after a one-day delay, Raywal Cabinets installed the new ones. That meant a return to a little bit of normalcy, as we could put away our dishes.

I think the period following the installation was the most challenging, as our contractor removed our sink. With no running water in the kitchen and no dishwasher (that came later), we were forced to wash whatever we used in the bathroom sink. Let me tell you, after a while, eating on paper plates in the dining room loses its charm.

The day finally arrived when Cambria was set to install our new counter. That meant that our contractor would re-install the plumbing a day later. Unfortunately, plans do not always go as expected.

Cambria called us early that morning to let us know that the counter was accidentally dropped, cracking it in the process. They were quite apologetic and promised that they would put a rush order on a new counter.

Continued on next page

However, given that the first counter had taken two weeks to create, I remained a bit skeptical at that point.

Much to my surprise though, we received a call four days later, letting us know that they would install the counter the next day. A day after that, our contractor said, "Let there be water," and water again flowed from our taps into the new sink.

With the counter and plumbing settled, all that remained was the backsplash and finishing touches. As I write this, the contractor just has to finish off the grouting on one wall, As well, we are waiting for the final part of the counter to be installed tomorrow (February 24).

With that project completed (well almost) the only things left will be to clean up the house, sit back and enjoy our new kitchen. Oh yes, and to pop a bottle of champagne.

Be well.

Postscript: Everything was finished shortly after the column was completed and we are now enjoying our new kitchen. I still would not want to go through the process again!



What's in your cup today? It's time to try something different!

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GOOD & WELFARE

Birthday

Elizabeth Bloom

April 4

Avery Matlow

April 7



FHL extends condolences to Ray and Rosalie Moscoe on the passing of Ray's brother, Paul.

FHL welcomes back returning member Marla Matlow. A special mazel tov also goes to Marla, who retired on March 31.

If you have any special moments in your life that you wish to share with the Lodge, please send announcements to jelijo@sympatico.ca.



MARCH MEETING

A delicious dinner from Chicken Nest was enjoyed by members present for our annual Election Meeting.
[Jeff Rosen photos]



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Dear Michael,

I am writing to sincerely thank you on behalf of the staff, women and children of Yellow Brick House for your generous donation of household items.

For 37 years, Yellow Brick House has been the place in York Region for women and children leaving abuse.

With special partners like you we are able to maintain and improve our services which provide the opportunity for women and children to rebuild their lives.

Once again, thank you for the generosity you have shown, the women and children of Yellow Brick House sincerely appreciate your support.

Thank you,

Lorris Herenda
Executive Director

TALKING POINTS

Debbi Silver



Wow, where did February go? It is now the 29th of February and March is about to commence. From what I have seen on the television, we are due for a big snowstorm tomorrow.... ugh, this means that March will be coming in like a lion. So much for an early spring!

Two weeks ago, I went to have my second cataract surgery. This time it was a bit easier, the only problem is I can't read anything up close. After 70 years of having almost 20-20 vision, now I am at the mercy of glasses. I couldn't believe that I had to put them on to read my debit expense last night. I shall overcome!

I would like to talk about my friend, Michael Kates. Over the last five years, Michael has overcome the loss of his devoted wife, Bonnie z'l, and his fight with cancer. After being able to use his own stem cell for his transplant, he went into remission. Life was finally getting a bit better. Then last year, Michael found out that the cancer was back. He endured many hours of chemo, etc. Michael was lucky to have some good friends, Jeff Rosen,



Michael Scher, Harvey, another friend, Sandy, and myself who were able to take him to his treatments at Princess Margaret. Unfortunately, the doctors informed him that he would not be able to have another transplant. As a result, Michael will be taking chemo pills off and on for the rest of his "long" life.

Now, I am thrilled to say that Michael has sold his house and will be moving into the Gates of Bayview at the end of March. The next chapter of Michael's life is waiting for him. Michael, Harvey and I are very proud of you. You have overcome many challenges and we are waiting to share the next 100 years with you.

I guess that it's for this month. I wish everyone a very healthy and happy Purim and Passover.

Upcoming



Please join us at our monthly meeting on Monday, April 11 when we will be showing the movie,

“PRAYING WITH LIOR”

This documentary looks at the life of a Jewish boy with Down Syndrome. It follows Lior Liebling’s family as they prepare for his bar mitzvah.

Dinner, programme and meeting will be held at 4300 Bathurst Street, commencing at 6:30 p.m.

If you plan to attend, you must RSVP Albert Ohana at salonpiaff@rogers.com

To view preview, go to <http://www.imdb.com/video/screenplay/vi1635844377/>

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PASSOVER GREETINGS

A happy and healthy Passover to all
Cathy & Stewart Indig

We would like to wish all members of FHL a very happy Pesach
Jeff, Lisa and Jordana Rosen

Ray & Rosalie Moscoe wish all our Forestdale Heights Brothers and Sisters
a happy, healthy and Freilich Passover
May we continue our traditions and enjoy with our families and friends

Wishing everyone peace, good health and happiness
Chag Sameach
Harvey & Debbi Silver and family

Michael Kates and family want to wish all the members of
Forestdale Heights Lodge and their families a happy and kosher Passover

To all Lodge members and friends, we wish you a happy and healthy Passover
Chag Sameach!
Richard Kotzen & Rhona Leviston

Happy Passover
The Ohana family

Wishing all members and their families a happy, healthy
and meaningful Passover holiday
Carl, Debby, Rachel and Doron, Rebecca & Josh Zeliger

Wishing all members and their families a healthy and happy Passover
Ruth and Aaron Pupko

We wish everyone a happy, healthy Pesach
Ivan & Elizabeth Bloom

We would like to wish families and friends a good and healthy Passover
Avery & Marla Matlow

Terry Goldfarb & Stan Horowitz would like to wish
their Forestdale Heights family a joyous Passover



**A message to
*Forestdale Heights Lodge Members***

***Wishing you and your family
joy and happiness
throughout the year
and as you celebrate Passover***



Valerie Burke
Councillor Thornhill Ward 1
Tel: 905-479-7747
vburke@markham.ca





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*Join the celebration for the
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Sunday May 15, 2016
Cocktails at 5:30 p.m.
Dinner to Follow

7 Townsgate Drive, Party Room
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Price: \$30 members/\$35 non-members

Please RSVP by Sunday, May 1
to Debbi Silver (416) 223-0780 or debbisilver@rogers.com

When responding, please indicate whether you would prefer
the chicken or vegetarian option

Please send cheques to
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Toronto City Councillor James Pasternak

Wishes everyone in the
community a Happy Pesach!

חג כשר ושמח



You are invited!



**Second World War
V-E Day Ceremony**

Monday, May 9th at 12:30pm
Nathan Phillips Square, 100 Queen St. W.

*Help us honour the courage and
sacrifices of our brave Veterans.*



**Yom Ha'atzmaut
Israel Flag Raising**

Thursday, May 12th at 10am
Toronto City Hall, 100 Queen St. W.

Light refreshments to follow



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SANDY'S SCRIPT

Sandy Gordon



It's that time again when I scratch my head and wonder what I would like to write. The time flies by so quickly and before you know it, another column is due. So here are a couple of tidbits;

- This past month has been very busy. Not only do I do just one thing, I have a number of things on the go all at once.

Sometimes I experience more pressure than I had when I was actually working for a living. One of the things I am involved in is planning "Cooking Classes." That is the new term now for an Epicure Party! So, I actually do have classes in my showroom and it turns out to be such fun! If anyone is interested in attending a class, please give me a call and we can discuss dates available. Absolutely no charge. By doing it this way, it shows exactly how the dish turns out and how it tastes.

- Here I am, once more wrestling with a medical situation. The last week of March turned out to be very troublesome. Out of the blue, I had a skin reaction to something I was not aware. I had huge welts on one arm. Go figure, just one arm – how does it just happen on one arm? Well, it did, and so far it has not shown up anywhere else. It's funny though because to me this is serious stuff as I had a horrid reaction to a medication just last year. It was all I could think about. Was this episode going to be the same?



I called my doctor only to find out he was out of town. I decided to go to the Branson Urgent Care facility where I waited for two hours or so and then just left. Off I went to one of the walk-in clinics and I saw a doctor and she said that it looked like an allergy. She gave me a cream and off I went on my merry old way.

Everything is okay now but when you need help in a hurry, there should be the services in place to provide that help.

Wishing everyone a Healthy, Happy and Freilichn Purim!

Until the next time.

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FUNNIES

The regular taster at a winery died, and the director started looking for a replacement.

A drunkard with a ragged, dirty look came in to apply for the position.

The director of the winery wondered how to send him away. He gave him a glass of wine to try.

The drunk took a mouthful and said, "It's a Muscat, three years old, grown on a north slope, matured in steel containers. Low grade, but acceptable."

"That's correct," said the boss. The drunk tries another glass.

"This is a Cabernet, eight years old, a south-western slope, oak barrels, matured at eight degrees. It requires three more years for finest results."

"Correct."

A third glass... "It's Pinot Blanc Champagne, high grade and exclusive," the drunk said calmly.

The director was astonished. He winked at his secretary, secretly suggesting something.

She left the room, and came back in with a glass of urine. The alcoholic tried it.

"It's a blonde, 26 years old, three months pregnant and if I don't get the job I'll name the father."

TRUMP'S FIRST NIGHT IN THE WHITE HOUSE

On the first night he spends in the White House, he is visited by the ghost of George Washington.

He asks him, "George, what can I do to best serve the United States?"

The ghost of George Washington responds, "Never tell a lie."

He says, "Oh, I don't think I can do that."

The next night, he is visited by the ghost of Thomas Jefferson.

He asks him, "Tom, what can I do to best serve the United States?"

The ghost of Thomas Jefferson responds, "Do not bully the people."

He says, "Oh, I don't think I can do that."

On the third night, he is visited by the ghost of Abraham Lincoln.

He asks him, "Abe, what can I do to best serve the United States?"

The ghost of Abraham Lincoln responds, "Go see a play."

We are counting down to our 50th anniversary celebration in June 2017. Each month we will look back in time, outlining key events in history. For a complete list of what transpired that year, go to kolechad.ca/fhl50.htm.

1982

FHL Presidents: Frank Wilson/Zev Scherer



January 7 – The Commodore 64 8-bit home computer is launched by Commodore International in Las Vegas.

March 29 – Royal Assent is given to the Canada Act 1982, setting the stage for the repatriation of the Canadian Constitution on April 17.

April 25 – Israel completes its withdrawal from the Sinai Peninsula in accordance with the Egypt–Israel Peace Treaty of 1979.

June 6 – The 1982 Lebanon War begins: Forces under Israeli Defense Minister Ariel Sharon invade southern Lebanon in their “Operation Peace for the Galilee.”

June 6 – The United Nations Security Council votes to demand that Israel withdraw its troops from Lebanon.

July 4 – Four Iranian diplomats are kidnapped upon Israel’s invasion of Lebanon.

August 4 – The United Nations Security Council votes to censure Israel because its troops are still in Lebanon.

August 17 – The first compact discs (CDs) are released to the public in Germany.

September 18 – The Lebanese Christian militia kill thousands of Palestinians in the Sabra and Shatila refugee camps with the overlooking of Israeli troops in West Beirut.

September 25 – In Israel, 400,000 marchers demand the resignation of Prime Minister Menachem Begin.

October 1 – In Orlando, Florida, Walt Disney World opens the second largest theme park, EPCOT Center, to the public for the first time.

October 1 – Sony launches the first consumer compact disc (CD) player.

October 27 – In Canada, Dominion Day is officially renamed Canada Day.



November 28 –The Edmonton Eskimos win an unprecedented fifth consecutive Grey Cup, defeating the Toronto Argonauts 32-16.

November 30 – Michael Jackson releases Thriller, the biggest selling album of all time.



ALL STEW

Stewart Indig

I was sitting there in the kitchen going through our family recipes and came upon this cobbler. This cobbler is light in sugar and heavy on taste. It makes a lovely dessert served with coffee or tea.

APPLE COBBLER, LITTLE SUGAR

INGREDIENTS

4 apples, peeled and chopped
1-cup water
2 tsps. cinnamon
2 tbsps. cornstarch
1/4 cup fructose or sugar

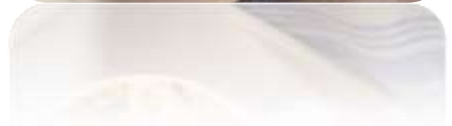
1-cup flour
1 tsp. baking powder
1/4 cup oil
1 tbsp. honey
1/2 cup buttermilk

DIRECTIONS

Preheat oven 375
Spray an 8x8 Pyrex dish
Combine apples, water, cinnamon, cornstarch,
and sugar
Cook until soft and thick
Pour into dish
Mix flour, and baking powder.
Add oil and stir
Add honey and buttermilk
Drop by tablespoon full over apple mixture
Bake 20 minutes

Great to serve warm with a bit of vanilla ice cream on the side.

Enjoy!



KOSHER FOOD BANK

Forestdale Heights is a supporter of the Pride of Israel Kosher Food Bank. Members are requested to bring an item of non-perishable kosher food to each Lodge meeting. The food items should bear a kosher certification. Donations collected at each meeting will be delivered the following day.



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AS I SEE IT

Marc Kates



What is the commonality between T4s, T5s, TFSAs and T-Rexs? Besides starting with the letter T, they can come to bite you in the backside at some point. As we enter tax season, I loathe the process of having to justify my life from a financial point of view. Getting those slips of paper from my employer, the government, or charitable tax receipts, hours are spent accounting for every last penny spent and every penny earned.

I know that I should be grateful to be living in a democracy where my hard-earned tax dollars supposedly go to fund programs in which all Canadians benefit. I'm proud of our right to universal health care, and to a high standard quality of life. It's just a little bit hard when I see how much of a partner the government is when it comes to MY income. The same rule should be in place with taxes as it is with the barber: a little off the top.

I want a government that is transparent and accountable to me, the taxpayer. I want to be assured that my money is being spent wisely and frugally. My tax dollars should not go towards political influence peddling nor lining other people's pockets. I want a government who is as cautious with my money, as I am. It irks me that we have deficits and debt. The money that goes to

Ottawa and Queen's Park should be treated as a fragile commodity. I know that I am not receiving a raise this year, and that my wife's salary has been unilaterally cut without her consultation. Financial abuses of the public purse continue to happen.

I know that I am not the Auditor General, but at least we have a mechanism in place when funds do not go where they are supposed to. I do have faith in the system, but I urge politicians to remember how hard Canadians work for their money. Please make their money work hard for them.



HEALTH IN HARMONY

Rosalie Moscoe



Losing people is difficult, especially if it's a family member. Recently, Ray and our whole family lost his brother Paul. He was a lively person, always trying to make a buck since he was a young boy. He used to broker tickets as a youngster and it eventually led to him starting a prominent ticket agency where he sold tickets to major sporting, concert and theatre events worldwide. His sons worked the business the past five years.

Paul's family had many hardships, the greatest among them losing a daughter 10 years ago – he and his wife were never the same. In a sense, they estranged themselves from most of the family, yet during the shiva, we reminisced, talked, and laughed about all the fun times in the past. This helped us to block out some of the horrors of the past couple of years as Paul's body was breaking down and especially in the last few months Paul spent in palliative care. He and his wife had travelled the world, some of it regarding business and he truly did what he loved.



Growing up, Ray and Paul shared a room, until Paul married. Only a year and a half apart, they spent much time together, playing hockey, going to Hebrew School and Paul will always be in Raymond's thoughts and heart. The family lived in an area of Toronto where Ray and his three siblings (and one other student) were the only Jews at their high school, Runnymede Collegiate. It gave them a sense of pride and made them realize their uniqueness as Jews as they maintained celebrating all the holidays. They often invited their high school friends to Passover dinners and other Jewish celebrations. Most of their friends had never met a Jewish person before and the family's outgoing, friendly style was able to impart more of an understanding and respect for Jewish people and Judaism in general. The family was always proud of that.

In closing, it's always important to remember the good times to help us get through the difficult ones.

TORONTO MARATHON



Sunday, May 1

Forestdale Heights Lodge has participated in the Goodlife Toronto Marathon for close to a decade. Our Lodge is responsible for the first water station behind Mel Lastman Square.

Arrival time at the water station is 6:00 a.m. and we are usually

done by 9:00 a.m. The fun continues afterwards when we often go out for breakfast.

If you can volunteer your time for this great CVS project, please call Harvey Silver at (416) 223-0780 or email at debbisilver@rogers.com.

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